

## RESEARCH ARTICLE

# Survey of HER2-neu Expression in Colonic Adenocarcinoma in the West of Iran

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### Abstract

**Background:** Overexpression of HER2-neu has been reported in many epithelial malignancies, including cancers of the breast, ovaries, lungs, prostate, bladder, pancreas, colorectum and stomach as well as osteosarcomas. The aim of this study was evaluation of expression of HER2-neu immunohistochemistry (IHC) status and clinicopathologic features in a series of colonic adenocarcinomas. **Materials and Methods:** In this descriptive and analytical study, we surveyed 211 samples of colon adenocarcinoma from 182 patients (86.3%) undergoing total or partial colectomy and 29 (7.13%) with biopsies by colonoscopy. A sufficient sample size was obtained from all cases and the slides were stained with hematoxylin and eosin and also by IHC (HER2) staining. **Results:** The mean age for the patients at diagnosis was 57.9 years (range, 15-88 years). One hundred and twenty one patients (57.3%) were male. Of all patients, 201 samples (95.3%) were conventional adenocarcinomas (159, 29 and 13 cases were well, moderately and poorly differentiated, respectively) and 10 (4.7%) were mucinous type. Out of 211 cases, 171 were checked for lymph nodes metastasis and 64 were positive. There is a correlation between HER2 scores and differentiation, most score 3 cases being well differentiated ( $P < 0.05$ ). **Conclusions:** In patients with advanced colon cancer, surgery alone is not curative and other forms of therapy may be required to prolong patient survival. HER2 overexpression was found in some cases and this could be a guideline to new adjuvant therapy for these patients.

**Keywords:** Colon cancer - Her2-neu - IHC - differentiation - Iran

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### Introduction

Colorectal cancer is the fourth most common cancer in men and the third most common in women (Payandeh et al., 2015). The HER2-neu proto-oncogene is 1 of 4 epidermal growth factor receptor (EGFR)-related receptors. The HER 2-neu gene is located on chromosome 17q21 and encodes a 185 kDa transmembrane protein with tyrosine kinase activity that functions as a growth factor receptor (Akiyama et al., 1986). Overexpression of HER2-neu has been reported in many epithelial malignancies, including cancers of the breast (Andersen et al., 1995), ovarian (Kono et al., 2000), lungs, prostate, bladder, pancreas, osteosarcoma, colorectal and gastric adenocarcinomas (Farzand et al., 2014). While the tyrosine kinase family receptors are found on normal cells, there is evidence that they are overexpressed in many types of tumors (Rusch et al., 1993).

Remarkably, some studies reported both membranous and cytoplasmic overexpression with much higher rates up to 60% (Golijow et al., 2001). The reported prevalence of HER 2-neu overexpression in colon cancer ranges

from 0 - 83% [Ross and McKenna, 2001; Caruso and Valentini, 1996]. In a group of studies containing a smaller number of cases, the rate of gene amplification has been reported to be in the range of 0 -30% (Golijow et al., 2001). It is reported that monoclonal antibody based kits have a better agreement with HER2 gene amplification, as determined by FISH (fluorescence in situ hybridization). Generally, the 3+ cases have an excellent concordance with FISH, while the 2+ results are more equivocal. Current guidelines demand a FISH-analysis to determine the gene amplification in 2+ cases (Blok et al., 2013). Several antibodies have been developed for treatment of CRC and were clinically tested. Three mAbs, cetuximab (erbitux, anti-EGF receptor [EGFR], panitumumab (Vectibix®, anti-VEGF) and bevacizumab (Avastin®, anti-VEGF), have been extensively studied for the treatment of CRC and, indeed, were shown to be effective (Nazemalhosseini et al., 2013). Patterns are scored as immunohistochemical (IHC) 0 (no staining or staining in <10% of tumor cells, negative), IHC 1+ (faint/barely perceptible incomplete membrane staining in >10% of tumor cells, negative), IHC 2+ (weak to moderate complete membrane staining

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in >10% of tumor cells, equivocal), or IHC 3+ (strong complete membrane staining in >10% (until 2007) or >30% (2007-now) of tumor cells, positive) (Wolff et al., 2007). The aim of this study is evaluation of expression of HER2-neu IHC status and clinicopathologic features in colonic adenocarcinoma.

## Materials and Methods

In this descriptive and analytical study, we survey 211 samples for colon adenocarcinoma analysis included 182 patients (86.3%) of the total or partial colectomy and 29 (7.13%) biopsies that were obtained by colonoscopy test.

### Clinical and pathologic evaluation

First of all, we provided instruments, apparatus, materials (like Canon Powershot G6) and chemistry compounds (like Hydrogen peroxide, Entelan glue made in Germany (Merk)), kits and colors (c-erbB-2 oncoprotein A\*0485, Biotin Blocking System\*X0590, EnVision+Dual Link System-HRP\*K4063+Liguid DAB+Substrate Chromogen System\*K3468, Target Retrieval Solution, pH9( $\times 10$ )\*S2367 made in Denmark and Hematoxylin made in Spain). After that, we prepared stock buffer (mixing ethylenediaminetetraacetic acid (EDTA) (0.4gr) with tris(hydroxymethyl)aminomethane (Tris) (2gr) and distilled water (D.W) (1000 ml) and for the IHC staining, first we charged slides with poly-L-lysine glue means that the slides were incubated for an hour in the glue 10 percent

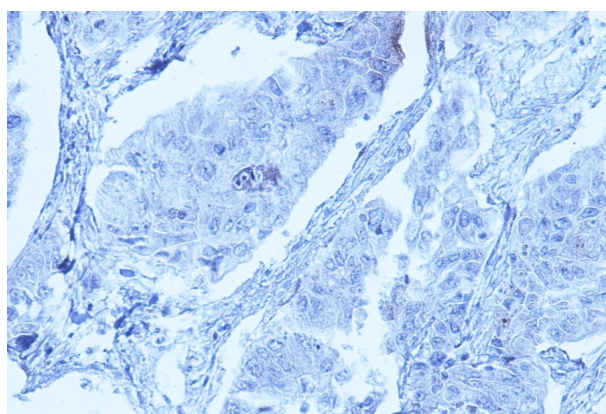
(10 ml, 90 ml of distilled water plus glue) and then dried at room temperature overnight. In this study, the patients admitted to pathology laboratory of Imam Reza and Biston Hospitals in Kermanshah (Iran) that were diagnosed colon adenocarcinoma for them a pathologist, a sufficient sample size was selected from any patient and the slides were stained by hematoxylin and eosin (H & E) method. Then the samples in paraffin blocks of 4 micron sections were prepared for staining H & E and then re-cut and prepared for IHC (HER2) staining.

### Statistical analysis

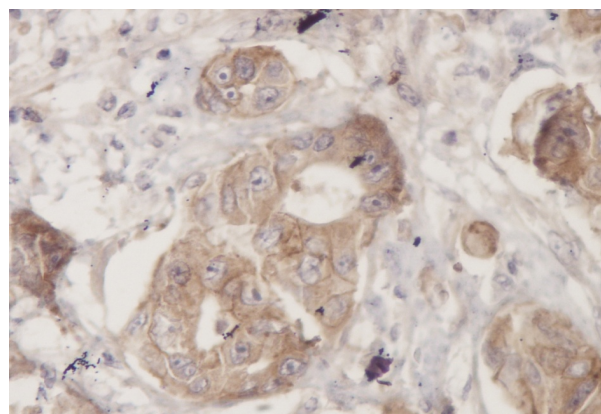
Statistical analyses were performed using the SPSS statistical software package version 19 (SPSS, Chicago, IL, USA). Chi-square test was used to analyze the significance of correlation between the expression of HER2 and clinicopathological parameters. P-value<0.05 was considered significant.

## Results

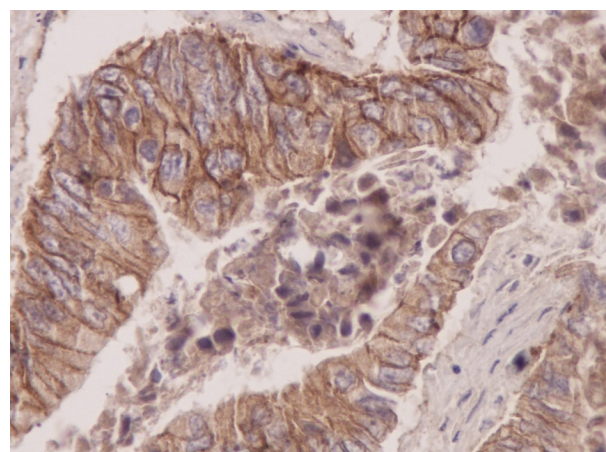
The mean age for the patients at diagnosis was 57.9 years (range, 15-88 years). One hundred and twenty one patients (57.3%) were male and ninety patients (42.7%) were female. Based on histology of patients with adenocarcinoma of the colon, 201 samples (95.3%) of them were conventional and 10 (4.7%) of them were mucinous adenocarcinoma type. We survey just conventional adenocarcinoma of the colon (n=201) for



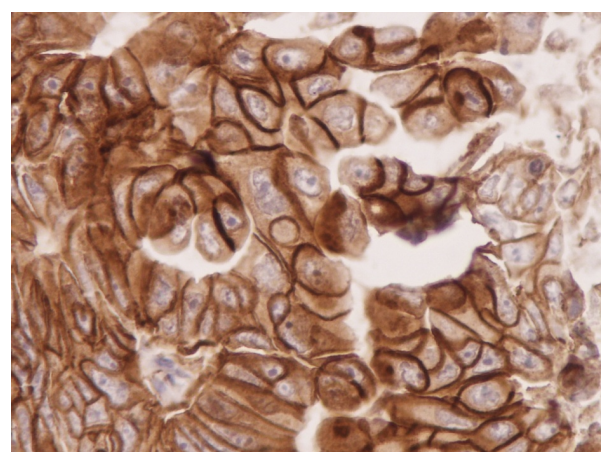
**Figure 1. IHC staining ( $\times 100$ ) marker HER2-neu (0) in Colonic Adenocarcinoma**



**Figure 2. IHC staining ( $\times 100$ ) marker HER2-neu (1+) in Colonic Adenocarcinoma**



**Figure 3. IHC staining ( $\times 100$ ) marker HER2-neu (2+) in Colonic Adenocarcinoma**



**Figure 4. IHC staining ( $\times 100$ ) Marker HER2-neu (3+) in Colonic Adenocarcinoma**



**Table 1. The Baseline Characteristics for all Patients**

Variables	N (%)	Mean	Range
Age(year)		57.9	15-88
Sex			
Male	121(57.3)		
Female	90(42.7)		
Tumor Subtype			
Conventional	201(95.3)		
Mucinosse	10 (4.7)		
Tumor Differentiation			
Well	159(79.1)		
Moderately	29(14.4)		
Poorly	13(6.5)		
HER2-neu Score			
0	42(19.9)		
1	68(32.3)		
2	75(35.5)		
3	26(12.3)		

**Table 2. The Correlation between HER2-neu Scores and a Number of Variables**

Variables, n(%)	Score 0 and 1	Score 2	Score3	P-value*
Sex				0.104
Male	61(50.4)	49(40.5)	11(9.1)	
Female	49(54.4)	26(28.9)	15(16.7)	
Tumor Subtype				0.496
Conventional	103(51.2)	73(36.3)	25(12.4)	
Mucinosse	7(70)	2(20)	1(10)	
Tumor Differentiation(n=201)				0.003
Well	71(44.7)	66(41.5)	22(13.8)	
Moderately	20(69)	7(24.1)	2(6.9)	
Poorly	12(92.3)	0(0)	1(7.7)	
Age group				0.914
Age ≤60	62(53.4)	40(34.5)	14(12.1)	
Age> 60	48(50.5)	35(36.8)	12(12.6)	
Involved Lymph Node (n=171)				0.097
Yes	44(68.8)	15(23.4)	5(7.8)	
No	56(52.3)	41(38.3)	10(9.3)	

\*Chi-square test

tumor differentiation that 159 (79.1%), 29 (14.4%) and 13 (6.5%) cases were differentiated well, moderately and poorly, respectively. Out of 211 cases in this report, 171 cases were checked for lymph nodes metastasis that 107 (57%) cases had without metastasis and 64 (30.3%) cases had metastasis. IHC staining of HER-2 protein is scored qualitatively as 0/1+/2+/3+ with 42(19.9%)/68(32.2%)/75(35.5%)/ 26(12.3%) values in our patients (Table 1). IHC staining of HER-2 protein for score 0, score 1+, score 2+ and score 3+ has been shown in Figures 1, 2, 3, and 4, respectively.

There was no significant relation between clinicopathologic variables (sex, age of the patients, tumor subtype and involved lymph node) with HER2 overexpression ( $P>0.05$ ). There is the correlation between HER2 scores with well differentiated tumor ( $P<0.05$ ) (Table 2).

## Discussion

IHC and FISH results in cohort A corresponded well. Almost all primary tumors with an IHC grade of 0 or 1+ showed no amplification by FISH, whereas all IHC 3+

cases showed amplification. Of the IHC 2+ cases, only about one-sixth showed HER2 amplification (Kim et al., 2011). Therefore, reliable separation of IHC 1+/0 and IHC 2+ may be difficult in biopsy samples, and FISH analysis should be used for definitive classification (Shan et al., 2013). The prevalence of HER2-neu overexpression in colon cancer detected by IHC has been previously reported between 0 and 83% (Maurer et al., 1998; Porebska et al., 2000). A study examined 317 colon cancer samples for the presence of HER2-neu oncoprotein by immunohistochemistry. In all, 49 samples (15.5%) showed positive expression of HER2-neu; only 7 samples were strongly membrane positive (Li et al., 2011). Similar results were described in other study that authors examined HER2-neu protein expression in 132 CRC specimens, and found HER2-neu overexpression in 11%, with 2 displaying were strong membranous immunostaining (Kavanagh et al., 2009). In another study, strong membranous HER-2 staining was detected in only 5% of tumors in 96 primary human colorectal adenocarcinomas that also showed HER-2 gene amplification (Half et al., 2004). In a small study (77 specimens) indicating a very low rate of HER-2/neu positivity (Schuell et al., 2006). We examined 211 colon cancer samples that 26(12.3%) (Score 3+) case of them had HER2-neu overexpression. Two studies reported that the HER2-neu expression was not correlated with sex, age, tumor differentiation, localization of the primary tumor and overall survival (Jesus et al., 2005; Schuell et al., 2006) and also was indicated that HER2-neu expression was unlikely to play a major role in the therapeutic management of colorectal cancer (Jesus et al., 2005). A study conducted in Iran in 2006 to evaluate association between HER2-neu protein overexpression and tumor grades was also highly significant (Leung et al., 2008). Other study (Farzand et al., 2014) found significant correlation between HER2 positive overexpression (cytoplasmic staining) and tumor differentiation, as is in our study. Also, two studies did not find any correlation between HER2-neu protein overexpression and lymph node metastasis (McKay et al., 2002; Farzand et al., 2014). The HER2-neu overexpression or the gene amplification was also not associated with any specific clinicopathological features (Nathanson et al., 2003; Schuell et al., 2006). In our study, we did not find significant relation between clinicopathologic variables (sex and age of the patients, tumor subtype, involved lymph node) with HER2 overexpression ( $P>0.05$ ), but we found correlation between HER2 scores with well differentiated tumor ( $P<0.05$ ). We survey adenocarcinoma of the colon (n=201) for tumor differentiation that 79.1%, 14.4% and 6.5% percent were differentiated well, moderately and poorly, respectively. In a study these percents were 66.7%, 36%, respectively and in higher grades, HER2-neu staining decreased (Leung et al., 2008). A research found a significant association between Her2-neu protein expression in colorectal adenocarcinomas and lymph node metastases (Sun et al., 1994) while we did not find any significant relationship between these factors.

In conclusion, in these patients with advanced colon cancer, surgery alone is not curative and other forms of therapy may be required to prolong patient survival. HER2

overexpression was found in some patients and this could be a guideline to new adjuvant therapy for these patients. .

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