

RESEARCH ARTICLE

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Assessment of the Biological Activities of Egyptian Purslane (*Portulaca oleracea*) Extract after Incorporating Metal Nanoparticles, *in Vitro* and *in Vivo* Study

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Abstract

Objective: Egyptian Purslane (*Portulaca oleracea*) is rich in omega-3 fatty acids and a wide range of vitamins and phyto-constituents that were absorbed slowly due to their high molecular weights. Therefore, this study was designed to accelerate the absorption of these phyto-constituents and hence increase their bioavailability by incorporating silver (Ag-NPs) and zinc oxide nanoparticles (ZnO-NPs) due to their impressive properties. **Methods:** The major phyto-constituents and different biological activities were quantified in aqueous extract before and after incorporating metal nanoparticles (M-NPs). The efficiency of ZnO-P. nano-extract was studied on cell cycle and apoptosis of human hepatocellular carcinoma (HEPG-2) cells. Then, both Ag- and ZnO-P. nano-extracts were studied against hepatic fibrosis induced by thioacetamide (TAA) in rats through undergoing different hematological and biochemical measurements in addition to the histopathological examination in hepatic tissues compared to the extract itself. **Results:** The ZnO-P. nano-extract showed significantly ($P<0.05$) higher antioxidant and scavenging activity due to the existence of higher total polyphenolic content. Also, it exhibited a significantly ($P<0.05$) higher inhibitory effect on acetyl cholinesterase (AChE) activity and higher cytotoxic activity against HEPG-2 cells. Therefore, ZnO-P. nano-extract was studied against the cell cycle and apoptosis of HEPG-2 cells compared to the extract itself. It was found that ZnO-P. nano-extract was safer than Ag-P. nano-extract. Both Ag- and ZnO-P. nano-extracts were studied against the hepatic fibrosis induced by thioacetamide (TAA) compared to the native extract. It was noticed that ZnO-P. nano-extract exhibited an ameliorative effect against hepatic fibrosis by decreasing levels of inflammatory and fibrotic markers significantly ($P<0.05$) more than Ag-P. nano-extract. Furthermore, it improved the antioxidant status of the hepatic tissue in addition to restoring the histopathological architecture of liver tissue. **Conclusion:** ZnO-P. nano-extract showed higher *in vitro* and *in vivo* biological activities than Ag-P. nano-extract and native P. extract itself.

Keywords: *Portulaca oleracea*- biological activity- silver nanoparticles- zinc oxide nanoparticles- green nanotechnology

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Introduction

Portulaca oleracea belongs to the Family portulacaceae and the genus *Portulaca*. Therefore, it is commonly called Purslane (Azuka et al., 2014). It was mentioned in Egyptian texts from the time of the Pharaohs that Purslane was used as a nutritious vegetable because it is richer in omega-3 fatty acids and wide range of vitamins like vitamin A, B, C and carotenoids in addition to beneficial minerals like magnesium, calcium, potassium, and iron than other vegetables consumed by a human being (Uddin et al., 2014). Also, two types of betalain alkaloid pigments with antioxidant and antimutagenic activities were detected in the P. extract (Sudhakar et al., 2010).

It was used widely in Chinese medicine as antifertility, anti-diabetic, antifungal and anti-inflammatory in addition to the wound healing properties and the protective effect against oxidative stress caused by vitamin A deficiency (Gong et al., 2009). Moreover, it was used for dysentery treatment beside its ability to increase uterine contraction (Arruda et al., 2004). It was documented that Purslane exhibited hepatoprotective effects against the hepatotoxicity and liver fibrosis induced by numerous toxins and it is able to restore all the disturbed biochemical parameters to normal values (Anusha et al., 2011; Ali et al., 2011). In 2019, Seif et al. emphasized that the ethanolic Purslane extract exhibited hepato-and renal-protective effects against cadmium toxicity. Purslane extract is rich

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in various active phyto-constituents with high molecular weights and absorbed slowly. This leads to decreasing their efficacy and bioavailability. Nanotechnology was being applied to integrate the efficiency of the medicinal plant extracts to increase their bioavailability, reduce their toxicity and avoid absorption problems. So that, the activity and therapeutic effect of extracts increased by incorporating the nanoparticles (NPs) (Mamillapalli et al., 2016 ; Abdel-Halim et al., 2020). Synthesis of the nanomaterials by green nanotechnology was considered as an environmentally-friendly (nontoxic) method more than the other chemical and physical methods. The metal nanoparticles (M-NPs) are purely made of the metals' precursors that possess unique optoelectrical properties (Prow et al., 2011; Dreaden et al., 2012). The sizes and shapes of metallic nanomaterials are based mainly on their physical, chemical and optical properties (Lee et al., 2018). They were biosynthesized successfully using plant-based materials as reducing agents (Fatimah, 2016). The polyphenolic compounds and flavenoids are the most common phyto-constituents that are used as reducing agents during M-NPs biosynthesis (Sahaa et al., 2008). Size, morphological shape, distribution and surface properties of the M-NPs affected strongly their physical, catalytic and optical properties (El-Nour et al., 2010).

Silver nanoparticles (Ag-NPs) are characterized by their chemical and biological properties in addition to their physical superiority that stems mainly from the shape, size, crystallinity, structure, and composition of the Ag-NPs more than their bulk forms (Syafiuddin et al., 2017). Zinc oxide nanoparticles (ZnO-NPs) had attracted great interest among scientists among the M-NPs due to their impressive properties including the large binding energy, wide band gap and high piezoelectric property (Dagdeviren et al., 2013). Chemically, the presence of -OH groups on the surface of the ZnO-NPs permit them to dissolve slowly in both acidic and basic conditions. Based on this characteristic that enables ZnO-NPs to dissolve in the tumor cells and tumor microenvironment, they exhibited a wide range of biomedical applications as anti-angiogenesis, antiplatelet, anti-inflammatory, and anticancer agents in addition to drug and gene delivery (Bisht and Rayamajhi, 2016 ; Sonia et al., 2017).

Liver fibrosis is a chronic wound healing after liver damage. It is major health distress that consequently leads to liver cirrhosis, liver cancer and hence causes significant morbidity and mortality (Stickel and Schuppan, 2007). It is complex pathogenesis induced by amendments of the hepatic extracellular matrix (ECM) qualitatively and quantitatively. There is no standard treatment for activation of the hepatic stellate cells (HSCs) that is considered the most common cause of liver fibrosis (Greenwel et al., 2000). Oxidative stress is one of the key factors that induce inflammation by activating the HSCs involved in ECM deposition (Reeves and Friedman, 2002). Thioacetamide (TAA) belongs to the hepatotoxins that have been utilized in a multiplicity of studies due to their ability to induce liver fibrosis in rodents with metabolic and histopathological alterations commonly similar to those detected in livers of humans afflicted to be used as an ideal model for studying the potential anti-fibrotic

drugs (Laleman et al., 2006). This study is concerned with demonstrating the possible hepatoprotective effect of P. extract incorporated with Ag- and ZnO-NPs and ingested orally in attenuating liver fibrosis induced by TAA in rat models.

Materials and Methods

Preparation of aqueous Purslane extract

Fresh Purslane leaves were collected and thoroughly washed by double deionized water to remove surface impurities then dried at ambient temperature (25°C). The dried plant material was weighed, chopped and crushed in an electric blender into powder. The air dried plant material (50 gm) was soaked in 500 ml pure water and heated under reflux for 60 min then filtered. The filtrate was lyophilized and the crude yield was approximately 32% (w/w) (Eidi et al., 2015).

Preparation of metal Purslane nano-extract

In order to prepare Ag-NPs and ZnO-NPs with optimum particle size and yield, several attempts were performed to obtain an easy method by using the plant extract as a reducing agent during the biosynthesis process. For the preparation of silver Purslane nano-extract, the Ag-NPs were prepared by reducing silver nitrate (AgNO_3) in the existence of Purslane extract as suggested by Aboulthana et al., (2019) and Shousha et al., (2019). The optimum method was exploited to incorporate Ag-NPs (with required yield and particle size) into the plant extract. For the preparation of the ZnO-Purslane nano-extract, the ZnO-NPs were synthesized by a sol-gel method suggested by Bao et al., (2012) with some modifications. The plant extract was added into zinc acetate solution till obtaining the white precipitate that dried and converted into powder to be ready for characterization.

Characterization of the biosynthesized metal nanoparticles

The Ag-NPs and ZnO-NPs spectra were assayed by Shimadzu UV-VIS recording spectrophotometer UV-240 at λ 200 - 800 nm after diluting the samples (10-fold) with deionized water. The crystalline nature and grain size were analyzed by a Philips X-ray diffractometer (XRD) (PW 1930 generator, PW 1820 goniometer) equipped with $\text{Cu K}\alpha$ radiation as an X-ray source (45 kV, 40 mA, with $\lambda = 0.15418$ nm) at a temperature of 25-28°C. The analysis scans were carried out during run in 2θ range of 5 to 80° with a step time of 1s and step size of 0.02. The morphological shape and size of the synthesized M-NPs were determined at a high resolution level (200 KV) using a Transmission Electron Microscope (TEM) (model JEM-1230, Japan) operated at an accelerating voltage of 120 kV, with a maximum magnification of 600X103 and a resolution until 0.2 nm. The average hydrodynamic size of the synthesized M-NPs was determined by dynamic light scattering (DLS) (Malvern Zetasizer Nano ZS, Malvern Instruments Ltd., Malvern, United Kingdom) at room temperature with a detection angle of 90° after diluting the samples with double distilled water prior to analysis (Murdock et al., 2008).

*In vitro study on aqueous Purslane extract before and after incorporating metal nanoparticles**Total polyphenolic compounds*

The concentration of the total polyphenols was quantified in the aqueous Purslane extract and its metal nano-extracts as mg gallic acid/100 gm using Folin Ciocalteu reagent according to the method suggested by Singleton and Rossi (1965).

Total tannins content

Contents of the total condensed tannins were determined using tannic acid as a reference compound based on the method described by Broadhurst and Jones (1978).

Total antioxidant capacity

Total antioxidant capacity (TAC) was quantified in the native and metal nano-extracts as mg gallic acid equivalent per gram dry weight according to the method suggested by Prieto et al., (1999).

Iron reducing power

Total iron reducing power was assessed using ascorbic acid as standard according to the method described by Oyaizu (1986).

Free radical scavenging activities

The scavenging activities were assessed in the Purslane extract and its metal nano-extract by measuring their ability to scavenge the free radicals.

DPPH radical-scavenging activity

The 1,1-Diphenyl-2-picryl-hydrazyl (DPPH) radical scavenging activity was assayed by calculating the percent of the DPPH free radical inhibition (%) and the median inhibitory concentration (IC_{50}) according to the method suggested by Rahman et al., (2015).

ABTS radical scavenging assay

The 2,2'-azino-bis-(3-ethylbenzothiazoline-6-sulfonic acid) (ABTS) assay was carried out using ascorbic acid as standard based on the method described by Arnao et al., (2001) with some modifications.

Alpha-amylase inhibitory assay

The α -amylase inhibitory assay of the plant extract and its metal nano-extracts was carried out using acarbose as an standard drug for calculating the percentage of α -amylase inhibition using the 3,5-dinitrosalicylic acid (DNSA) method (Wickramaratne et al., 2016).

Acetyl cholinesterase (AChE) enzyme activity

The AChE activity was measured for calculating the enzyme inhibition (%) using a spectrophotometer based on Ellman's method (Ellman et al., 1961).

Cytotoxic activity

Cytotoxic activity tests (*In vitro* bioassay on human hepatocellular (HEPG-2) and colon carcinoma (CACO-2) cell lines) were conducted and determined based on the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium

bromide (MTT) assay suggested by Vichai and Kirtikara (2006). The optical density (OD) was determined at 570 nm by a microplate ELISA reader. The percent of cell-growth inhibition (%) and median inhibitory concentration (IC_{50}) were calculated using IC_{50} calculation software.

DNA content analysis

The HEPG-2 cells (3×10^5 /well) were seeded into 6-well plates, cultured overnight, and treated with native P. extract and its ZnO nano-extract for 24 hrs. The cells were fixed in 75% ethanol at -4°C overnight then incubated with 50 ng/mL PI staining solution and 0.1 mg/mL RNase A in a dark place at room temperature for 15 min. The DNA content of the cells was quantified by flow cytometry (BD FASCCalibur-USA).

Cell apoptosis

The cell apoptosis was assessed by Annexin V-FITC apoptosis detection kit (Annexin V-FITC-BD Bioscience Pharmingen™, USA). The HEPG-2 cells (3×10^6 /well) were seeded into 6-well plates then cultured overnight before the exposure to different concentrations of the extract and its ZnO-P. nano-extract (50, 100, 150, 200 $\mu\text{g/ml}$). Furthermore, both the extract and its nano-extract (100 $\mu\text{g/ml}$) were added to HEPG-2 cells at different times (24, 36, 48, and 48 hrs). Cells were collected by cold centrifugation at approximately $300 \times g$ for 10 min and consequently washed twice and re-suspended in 500 μl of cold ($+4^\circ\text{C}$) 1X PBS buffer then precipitated again by centrifugation. This was followed by the dilution with 10X Binding Buffer (1:10 dilution) in deionized H_2O then 100 μl 1X Binding Buffer added per sample. Annexin V (100 μl) was prepared and incubated with treated cell samples (10^6 cell/ml). Annexin V-FITC (5 μl) and propidium iodide (PI) (5 μl) were incubated in the dark for 15 min. at room temperature, then 400 μl of 1X binding buffer was added. The cells were immediately analyzed by flow cytometry (BD FASCCalibur-USA) within one hour for a maximal signal (Koopman et al., 1994).

Extraction of RNA and quantitative RT-PCR

The HEPG-2 cells were cultured in six-well plates and exposed to the extract and its ZnO nano-extract (100 $\mu\text{g/ml}$). After completing the exposure, total RNAs were extracted from treated cells using the RNeasy Mini Kit (Qiagen RNA extraction/BioRad syber green PCR MMX) (Pfaffl, 2001). Expressions of EGFR, Bcl-2 and Casp3 genes were quantified by using 10 ng of the total RNAs from each sample for cDNA synthesis by reverse transcription using the High Capacity cDNA Reverse Transcriptase kit (Applied Biosystems, USA). The cDNA was subsequently amplified with the Syber Green I PCR Master Kit (Fermentas) in a 48-well plate using the Step One instrument (Applied Biosystems, USA), as a following: 10 min at 95°C for enzyme activation followed by 40 cycles of 15 sec at a temperature of 95°C , 20 sec at 55°C and 30 sec at 72°C for the amplification step. Changes in each target gene expression were normalized relative to the mean critical threshold (CT) values of GAPDH as a housekeeping gene by the ΔCT

method. One μ l of both primers specific for each target gene (EGFR (F: 5'-GACTCCGTCCAGTATTGATCG-3'; B: 5'-GCCCTTCGCACTTCTTACACTT-3'), Bcl2 (F: 5'-TCCCTCGCTGCACAAATACTC-3'; B: 5'-ACGACCCGATGGCCAAGA-3'), Casp3 (F: 5'-TGTTTGTGTGCTTCTGAGCC-3'; B: 5'-CACGCCATGTCATCATCAAC-3') and GAPDH (F: 5'-GAAGGTGAAGGTCTGGAGTCA-3'; B: 5'-TTGAGGTCAATGAAGGGGTC-3')) was added. The mRNA levels were quantified using the $2^{-\Delta\Delta C_q}$ method (Wang et al., 2014). GAPDH was used as the internal control. Experiments for each gene were conducted in triplicate.

Median lethal dose of different extracts (LD50)

The native Purslane extract and its metal nano-extracts (after incorporating Ag-NPs and ZnO-NPs) were studied separately for evaluating the LD50. One hundred sixty two adult albino mice (weight 20-25 g) were divided into 9 groups (6 mice in each group) for calculating the LD50 of the native Purslane extract, 9 groups for Ag-P. nano-extract and 9 groups for ZnO-P. nano-extract. The groups were treated orally by stomach tube with rising doses of 500, 1,000, 2,000, 4,000, 6,000, 8,000, 10,000, 12,000 and 14,000 mg/Kg. Mortality was recorded after 24 hrs of oral administration. The LD50 was calculated according to the methods suggested by Paget and Barnes (1964).

Experimental Design

Animals and Treatments

Healthy forty (40) adult male Sprague Dawley rats with age 2 months old and body weight 120-150 g were obtained from the Animal House Colony, National Research Centre, Giza, Egypt. They were provided with water ad libitum and maintained under normal nutritional and environmental conditions. They were divided randomly into 8 groups (5 rats per cage) as the following:

Control group: rats were fed with a normal diet and received tap water for 4 weeks. P. extract treated group: rats were fed with a normal diet associated with administration of native P. extract orally at a dose equivalent to 1/20 of LD50 by stomach tube for 4 weeks. Ag-P. nano-extract treated group: rats were fed with a normal diet associated with administration of silver P. nano-extract orally at a dose equivalent to 1/20 of LD50 by stomach tube for 4 weeks. ZnO-P. nano-extract treated group: rats were fed with a normal diet associated with administration of ZnO-P. nano-extract orally at a dose equivalent to 1/20 of LD50 by stomach tube for 4 weeks. TAA injected group: Rats were injected by TAA at a dose of 200 mg/kg, i.p. three-time per week for 4 weeks (Algandaby et al., 2017). TAA + P. extract treated group: Rats treated simultaneously with TAA i.p. and treated orally by P. extract for 4 weeks. TAA + Ag-P. nano-extract treated group: Rats treated simultaneously with TAA i.p. and treated orally by Ag-P. nano-extract for 4 weeks. TAA + ZnO-P. nano-extract treated group: Rats treated simultaneously with TAA i.p. and treated orally by ZnO-P. nano-extract for 4 weeks.

Determination of the changes in body and liver weights

The total body weights of all rats were measured at start and end of the experimental duration using a digital balance. The weight gain was calculated using the formula suggested by Al-Attar (2010). The livers were washed with saline solution and dried between filter papers then weighted. The liver index was calculated using the formula suggested by Al-Attar and Al-Rethea, (2017).

Samples collection

At end of the experiment, rats were fasted for 18 hrs and sacrificed by cervical dislocation after deep diethyl ether anesthesia. Heparinized blood samples were collected from retro orbital plexus from each rat for the hematological measurements and serum samples were collected for biochemical measurements by centrifuging blood samples for 15 min at 4,000 rpm. Liver tissues were autopsied and weighted then dissected into two parts, one part was immediately fixed in 10% formal saline until the histopathological examination and the other part was washed immediately in physiological saline and rapidly frozen in liquid nitrogen then homogenized in Tris-HCl buffer (0.01 M and pH 7.4). The clear supernatants were transferred to new tubes after centrifuging the homogenates at 10,000 rpm for 15 min then kept at -20°C in clean stoppered vials to be used for biochemical assays.

Hematological and biochemical measurements

The hematological measurements including red blood cells (RBCs), hemoglobin (HB), hematocrit (HCT), corpuscular volume (MCV), platelet count (PLT) and white blood cells (WBCs) were quantified in heparinized blood samples using an automatic blood analyzer (ABX Micros 60 manufactured by HORIBA ABX SAS). Markers of liver function including liver enzymes (alanine transaminase (ALT), aspartate transaminase (AST), alkaline phosphatase (ALP), gamma-glutamyl transferase (GGT) and lactate dehydrogenase (LDH)), total bilirubin, protein profile (total protein and albumin) and lipid profile (total cholesterol (TC) and triglycerides (TGs)) were estimated in sera samples by colorimetric methods following the instruction of the commercially available kits (Spectrum Diagnostics Egyptian Company for Biotechnology, Cairo, Egypt).

Markers of oxidative stress

These markers were assayed in supernatants of liver tissue homogenates. Activities of superoxide dismutase (SOD) and catalase (CAT) enzyme were assayed as Unit per gram of tissue according to methods suggested by Nishikimi et al., (1972) and Aebi (1984), respectively. Levels of total antioxidant capacity (TAC) (Koracevic et al., 2001) and reduced glutathione (GSH) (Beutler et al., 1963) were determined as mM/L and mg/g tissue, respectively. Products of the peroxidation reactions including lipid peroxidation product (LPO) (Ohkawa et al., 1979) and total protein carbonyl content (TPC) (Levine et al., 1994) were quantified as nmol/g wet tissue and nmol of reactive carbonyl compounds per mg protein of tissue, respectively. Nitrite level (an Index of Nitric

Oxide) was measured as nm/ g tissue by colorimetric method using Griess reagent (Green et al., 1982).

Liver inflammatory and fibrotic biomarkers

Markers of inflammatory reactions including tumor necrosis factor- α (TNF- α) and interleukin-6 (IL-6) were assessed in liver tissue homogenates as Pg/g tissue using quantitative sandwich enzyme immunoassay technique according to the methods suggested by Engelmann et al., (1990) and March et al., (1985), respectively. The level of the hydroxyproline (fibrotic biomarker) was assayed as kg/mg tissue according to the method described by Reddy and Enwemeka (1996).

Histopathological examination

Liver specimens were harvested from all groups, then fixed in neutral buffered formalin (10%) and routinely processed according to the method suggested by Suvarna et al., (2019). The tissue sections were prepared with thickness 5 μ m and stained with Hematoxylin and Eosin (H&E) as well as Masson's trichrome (MTC) for detection of collagen fibers for histopathological examination by a light microscope (Olympus BX50, Tokyo, Japan). The section was examined at 5 microscopic fields and scored between 0 - 3. Histopathological scores were assessed using histology activity index (HAI) score. This method is a combined score for degeneration and necrosis, inflammation and fibrosis (Elizabeth, 2000). Grade of the severity score might be 0 (no damage), 1 (mild; <1/3 of lobules), 2 (moderate; 1/3-2/3 of lobules) or 3 (severe damage; > 2/3 of lobules). In addition, fibrosis staging was defined as 0 (no fibrosis), 1 (perisinusoidal and/or pericentral), 2 (incomplete central/central bridging fibrosis), 3 (portal-portal or portal-central fibrosis) and 4 (cirrhosis). The MTC stained sections were used for obtained the average area % of blue-stained collagen bundles within each group using imaging analysis software (Image J software).

Statistical analysis

Results were expressed in Tables and Figures as mean \pm standard error (SE). They were statistically analyzed by one-way analysis of variance test (one-way ANOVA) using the Statistical Package for Social Sciences (SPSS windows, version 11.0) followed by Bonferoni test as

Post-Hoc. The differences were considered statistically significant between the groups at a "P" value of less than 0.05.

Results

The structural properties of prepared M-NPs

Data presented in Figure 1a showed that the sharp peak identified at 456 nm confirms the synthesis of Ag-NPs. As shown in Figure 1b, the sharp peak identified in the UV-visible spectrum at 375 nm confirms the formation of ZnO-NPs. Data illustrated in Figure 1c showed that the XRD result of the prepared Ag-NPs generates a typical crystalline metallic Ag phase and the characteristic peaks of metallic Ago were noticed at 37.8°, 44.5°, and 67.6° matching with the crystallographic planes (1 1 1), (0 0 2) and (0 2 2) of Ag-NPs, respectively. Furthermore, the XRD showed separate diffraction peaks around 37.8° and indexed by the (002) of the cubic face-centered silver. As presented in Figure 1d, the XRD pattern of ZnO-NPs showed peaks identified at $2\theta = 31.7, 34.4, 36.2, 47.5, 56.5, 62.7, 67.8$ and 68.1 and assigned to (100), (002), (101), (102), (110), (103), (112) and (201). No characteristic peaks were identified for the impurities and this indicated synthesis of ZnO-NPs with high quality. As illustrated in Figure 2a, the TEM data showed that Ag-NPs are round or predominantly spherical in their shapes. Some of the Ag-NPs were irregular in shape, although Ag-NPs were well dispersed. No aggregations were detected. As presented in Figure 2b, the TEM images confirmed that the morphological shape of ZnO-NPs that were biosynthesized with approximate size of 40-90 nm. Data of the TEM were in agreement with the UV and XRD data. TEM images of the synthesized ZnO-NPs confirmed their hexagonal structure that implies more ionicity leading to enhancing the catalytic activity. As illustrated in Figure 2c, it was found that the particle size distribution of the fabricated Ag-NPs has main diameter of around 85 nm. The hydrodynamic size of ZnO-NPs was about 155 nm as revealed in Figure 2d.

The in vitro biological activity of aqueous Purslane extract before and after incorporating metal nanoparticles (M-NPs)

The biological activities of aqueous Purslane extract before and after incorporating M-NPs were measured

Table 1. The Biological Activities of Egyptian Purslane Extract before and after Incorporating Silver (Ag-NPs) and Zinc Oxide Nanoparticles (ZnO-NPs).

Extract	P. Extract	Ag-P. nano-extract	ZnO-P. nano-extract	Ascorbic acid (Standard)	Acarbose (Standard)
Total Polyphenols (mg gallic acid/100 gm)	62.36 \pm 0.50	140.96 \pm 3.75 ^a	226.27 \pm 0.99 ^{*ab}	-	-
Total Condensed Tannins (μ g/ml)	23.69 \pm 0.28	32.69 \pm 0.29 ^a	45.96 \pm 0.12 ^{*ab}	-	-
TAC (mg gallic acid/gm)	183.90 \pm 2.13	298.86 \pm 2.47 ^a	478.41 \pm 1.31 ^{*ab}	-	-
Iron Reducing Power (μ g/mL)	74.08 \pm 2.42	136.42 \pm 2.32 ^a	164.26 \pm 2.81 ^{*ab}	-	-
Scavenging activity	Inhibition of DPPH (IC ₅₀ μ g/ml)	11.23 \pm 0.01	8.97 \pm 0.07 ^a	4.69 \pm 0.01 ^{*ab}	4.28 \pm 0.04
	Inhibition of ABTS (%)	26.94 \pm 0.09	38.92 \pm 0.12 ^a	45.88 \pm 0.12 ^{*ab}	38.84 \pm 0.14
Inhibition (%)	α -Amylase	35.08 \pm 0.05	63.03 \pm 0.08 ^a	63.04 \pm 0.06 ^a	-
	ACHe	12.84 \pm 0.04	32.07 \pm 0.08 ^a	55.87 \pm 0.11 ^{*ab}	67.92 \pm 0.09

*, The most effective extract; Values were calculated from three replicates and expressed as mean \pm SE. a, indicates the significant difference at P<0.05 in comparison to the native extract; b, indicates the significant difference at P<0.05 in comparison to Ag-P. nano-extract.

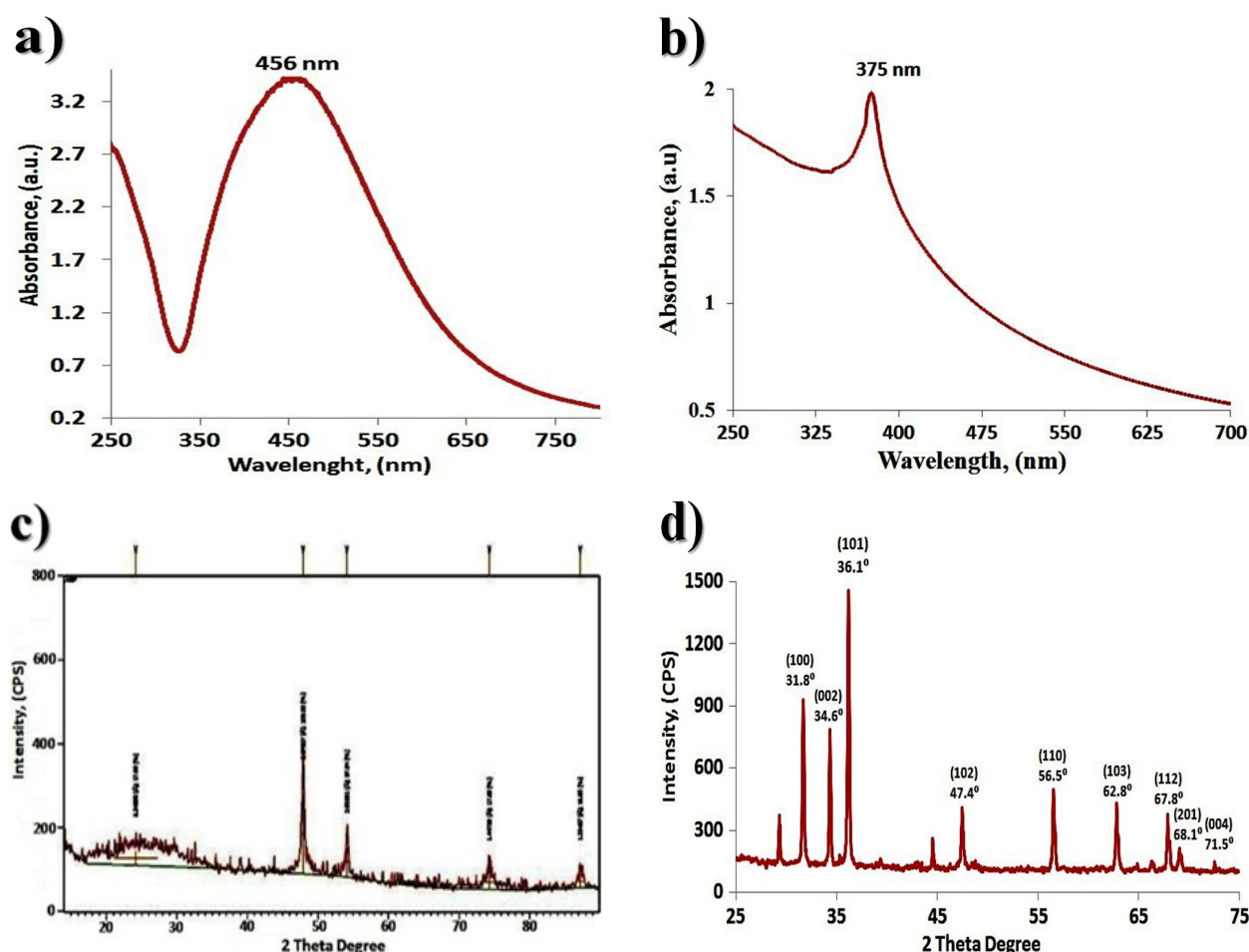


Figure 1. Characterization of the Synthesized Metal Nanoparticles (M-NPs) Showing a) Ultraviolet-visible (UV-VIS) spectrum of Ag-NPs, b) UV-VIS spectrum of ZnO-NPs, c) X-Ray Diffraction (XRD) spectrum of Ag-NPs, d) XRD spectrum of ZnO-NPs.

by quantifying the major phyto-constituents (total polyphenols and total condensed tannins) in addition to assaying the TAC, iron reducing power, free radicals scavenging activity, and the inhibitory effect on α -amylase and AChE activity. Data depicted in Table 1 showed

that concentrations of the total polyphenols and total condensed tannins increased significantly ($P < 0.05$) after incorporating ZnO-NPs as compared to the Ag-P. nano-extract and the native extract itself. Consequently, the ZnO-P. nano-extract exhibited the highest antioxidant

Table 2. Cytotoxic Activity of Egyptian Purslane Extract before and after Incorporating Silver (Ag-NPs) and Zinc Oxide Nanoparticles (ZnO-NPs) against Human Colon Cancer (CACO-2).

Before incorporating M-NPs						
Conc. (μg/ml)	0	62.5	125	250	500	1000
Mean OD	0.74	0.72	0.7	0.65	0.58	0.51
Viability %	100	97.44	94.48	88.06	78.54	68.57
IC ₅₀ %	2227					
After incorporating Ag-NPs						
Conc. (μg/ml)	0	62.5	125	250	500	1000
Mean OD	0.67	0.6	0.52	0.41	0.21	0.1
Viability %	100	89.39	76.8	61.68	31.78	14.82
IC ₅₀ %	310.7					
After incorporating ZnO-NPs						
Conc. (μg/ml)	0	62.5	125	250	500	1000
Mean OD	0.74	0.71	0.67	0.64	0.55	0.1
Viability %	100	96.18	89.67	86.17	73.64	13.56
IC ₅₀ %	633.7					

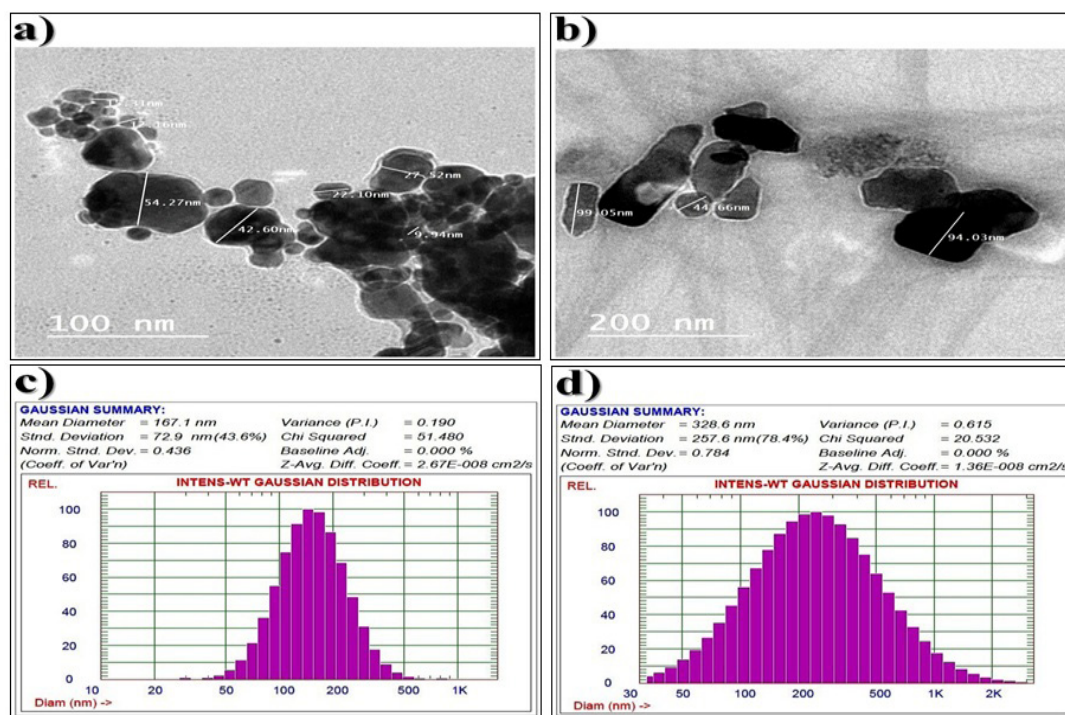


Figure 2. Characterization of the Synthesized Metal Nanoparticles (M-NPs) Incorporated into Egyptian Purslane Extract Showing. a, Transmission Electron Microscope (TEM) image of Ag-NPs; b, TEM image of ZnO-NPs; c, Dynamic Light Scattering (DLS) of Ag-NPs; d, DLS of ZnO-NPs.

activity through the significant ($P < 0.05$) elevation in TAC, iron reducing power and free radicals (DPPH and ABTS) scavenging activity as compared to the other nano-extract.

As regard to the inhibitory effect on α -amylase and AChE activities, it was noticed that P. extract at equal concentrations exhibited the same inhibitory effect after incorporation Ag-NPs and ZnO-NPs using acarbose as standard. Both of the Ag- and ZnO-P. nano-extracts exhibited a significant ($P < 0.05$) higher inhibitory effect than that in the native P. extract. ZnO-P. nano-extract showed a significant ($P < 0.05$) inhibitory effect on AChE activity higher than that in Ag-P. nano-extract and the extract itself.

As recorded in Table 2 and illustrated in Figure 3 that showed the maximum (Conc. 1,000 $\mu\text{g/ml}$) and IC_{50} of native P. extract and its Ag- and ZnO-P. nano-extracts compared to control CACO-2 cells, it was noticed that the Ag-P. nano-extract exhibited the highest cytotoxic activity (IC_{50} 310.70 $\mu\text{g/mL}$) against CACO-2 cells compared to the native extract and its ZnO-nano-extract (IC_{50} 2227.00 and 633.70 $\mu\text{g/mL}$, respectively). As regards to the *in vitro* cytotoxic activity against HEPG-2, Figure 4 showed the maximum (Conc. 1,000 $\mu\text{g/ml}$) and IC_{50} of native P. extract and its Ag- and ZnO-P. nano-extracts compared to control HEPG-2 cells. It was found that the lowest IC_{50} value (242.20 $\mu\text{g/mL}$) was noticed with ZnO-P. nano-extract

Table 3. Cytotoxic Activity of Egyptian Purslane Extract before and after Incorporating Silver (Ag-NPs) and Zinc Oxide Nanoparticles (ZnO-NPs) against Human Liver Cancer (HEPG-2).

Before incorporating M-NPs						
Conc. (µg/ml)	0	62.5	125	250	500	1000
Mean OD	0.49	0.44	0.41	0.38	0.34	0.16
Viability %	100	90.36	83.37	77.26	69.93	32.72
IC ₅₀ %	702.7					
After incorporating Ag-NPs						
Conc. (µg/ml)	0	62.5	125	250	500	1000
Mean OD	0.34	0.28	0.21	0.17	0.15	0.11
Viability %	100	80.59	61.56	51.02	44.68	32.49
IC ₅₀ %	320.9					
After incorporating ZnO-NPs						
Conc. (µg/ml)	0	62.5	125	250	500	1000
Mean OD	0.49	0.46	0.33	0.21	0.15	0.1
Viability %	100	94.09	68.02	41.96	30.07	19.62
IC ₅₀ %	242.2					

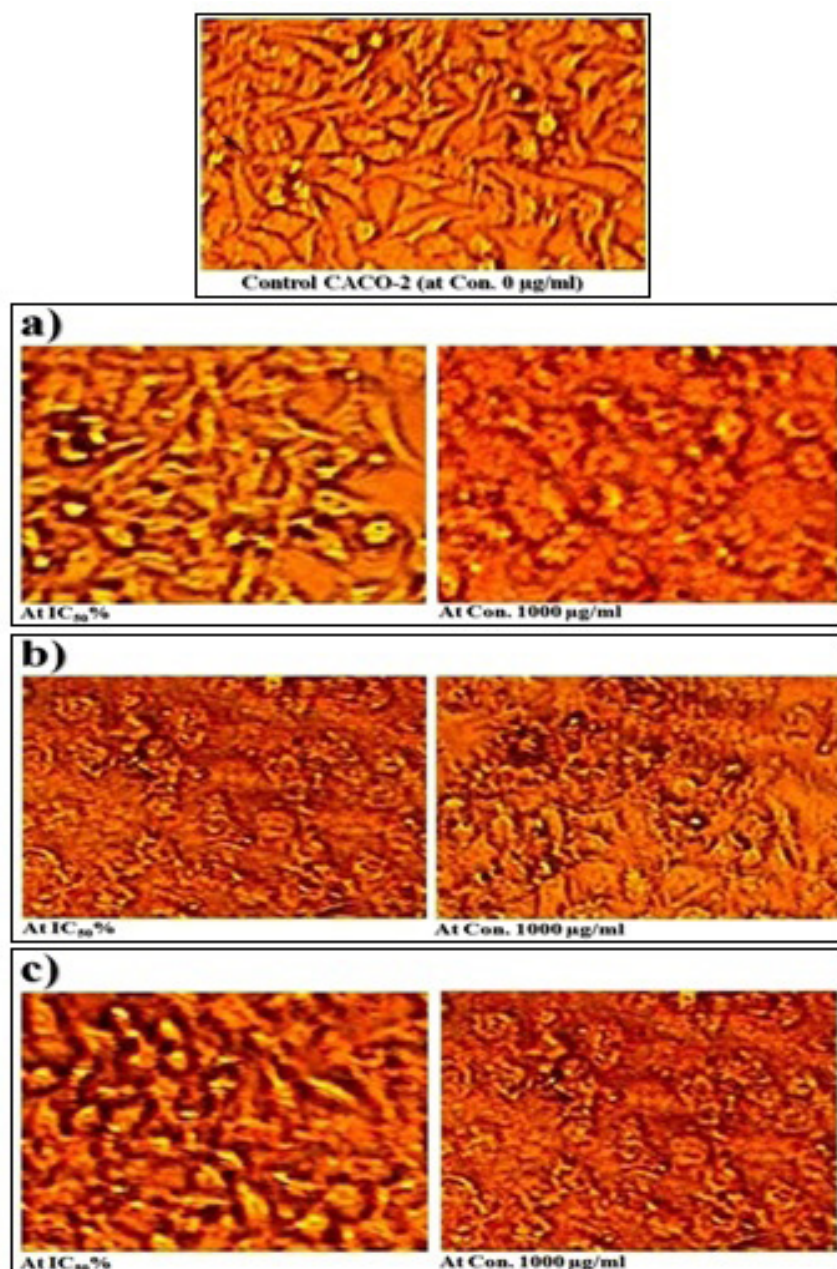


Figure 3. Cytotoxic Activity Showing the Maximum (Conc. 1000 µg/ml) and Median Inhibitory Concentration (IC_{50}) of a, Egyptian Purslane extract; b, Purslane extract after incorporating silver nanoparticles (Ag-NPs), and c, Purslane extract after incorporating zinc oxide nanoparticles (ZnO-NPs) against human colon cancer (CACO-2).

followed by the Ag-P. nano-extract (320.90 µg/mL) then the native P. extract (702.70 µg/mL) (Table 3). Therefore, ZnO-P. nano-extract was selected for undergoing further studies on HEPG-2 cells and compared to the native extract itself.

During the current study, it was found that treatment of HEPG-2 with ZnO-P. nano-extract decreased the fold changes of EGFR and Bcl2 genes and increased it in Casp3 (Figure 5a). Data depicted in Table 4 showed that ZnO-P. nano-extract caused significant changes in expression of the EGFR, Bcl2, and Casp3 genes in the treated HEPG-2 cells as compared to control HEPG-2 or those cells treated with the native extract.

As illustrated in Figure 5c, the treatment with ZnO-P. nano-extract increased percentage of the total apoptotic cells (33.82%), decreased percentage of the early

apoptotic cells (2.51%), and increased the late apoptotic cells (21.88%) as compared to control HEPG-2 or those cells treated with the native extract itself. Data of the flow cytometric analysis presented in Figure 6 and using Annexin V-FITC as shown in Figure 7 showed that treatment of HEPG-2 with ZnO-NPs induced apoptosis as compared to control HEPG-2 or those cells treated with the native extract itself.

The in vivo biological activity of aqueous Purslane extract before and after incorporating metal nanoparticles (M-NPs)

It was found that oral administration of the P. extract incorporated with Ag- and ZnO-NPs caused no toxicity in experimental animals. The LD50 values of the native extract and its Ag- and ZnO-nano-extracts were about

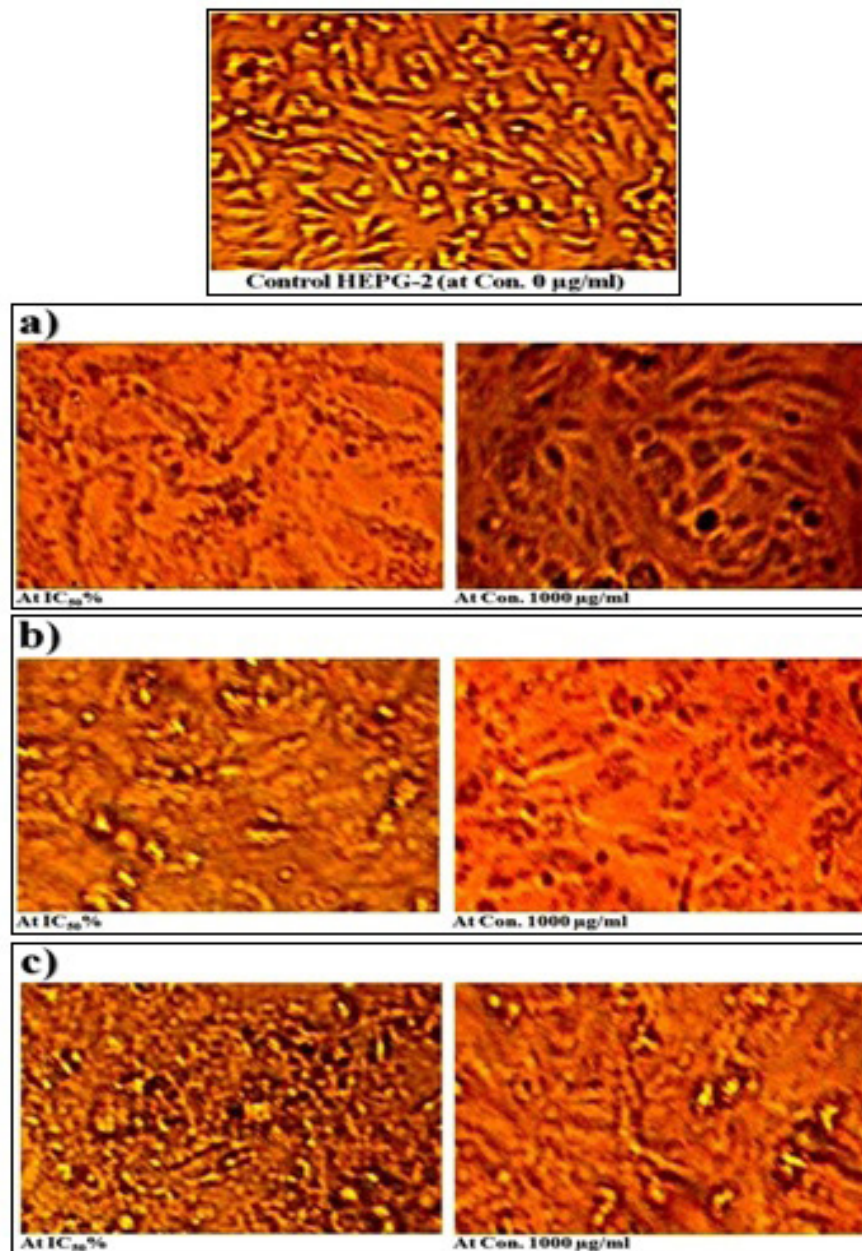


Figure 4. Cytotoxic Activity Showing the Maximum (Conc. 1000 µg/ml) and Median Inhibitory Concentration (IC₅₀) of a, Egyptian Purslane extract; b, Purslane extract after incorporating silver nanoparticles (Ag-NPs), c, Purslane extract after incorporating zinc oxide nanoparticles (ZnO-NPs) against human liver cancer (HEPG-2).

4,500, 8,000 and 9,000 mg/Kg, respectively (Figure 8).

During the current study, efficiency P. extracts before and after incorporating Ag- and ZnO-NPs were studied against hepatic fibrosis induced by TAA in rats. As recorded in Table 5 and illustrated in Figure 9, the final total body weight declined significantly ($P \leq 0.05$) with respect to the initial body weights in the TAA treated group. Furthermore, the liver weight increased significantly ($P \leq 0.05$) in TAA treated group. Administration of ZnO-P. nano-extract restored the body and liver weights to normal values more than Ag-P. nano-extract.

Injection of TAA decreased levels of RBCs, HB, HCT and MCV significantly ($P \leq 0.05$), but it caused a significant ($P \leq 0.05$) elevation in WBCs count (Table 6). Administration of the ZnO-P. nano-extract restored levels of the hematological measurements to normal values.

Data compiled in Table 7 revealed that activities of the hepatic enzymes (ALT, AST, ALP, GGT, and LDH) and level of bilirubin elevated significantly ($P \leq 0.05$) in sera of TAA treated group. Administration of ZnO-P. nano-extract decreased activities of the hepatic specific enzymes and bilirubin level to normal levels. Levels of T. protein and albumin decreased significantly ($P \leq 0.05$) in TAA treated group. The native P. extract and its Ag-nano-extract opposed the deleterious effect of TAA indicating improvement of liver functions while the ZnO-P. nano-extract restored the hepatic functions to a normal physiological state. Levels of the TC and TGs increased significantly ($P \leq 0.05$) in sera of the TAA treated group. The ZnO-P. nano-extract decreased levels of the lipid measurements to normal values.

It was found that TAA caused a significant ($P \leq 0.05$)

Table 4. Data of the *EGFR*, *Bcl2* and *Casp3* Genes Expression in Human Liver Cancer (HEPG-2) Treated with Egyptian Purslane Extract before and after Incorporating Zinc Oxide Nanoparticles (ZnO-NPs).

Extract	EGFR							
	Control cells				Test cells			
	Conc. (μM)	GAPDH	EGFR	ΔCTC	GAPDH	EGFR	ΔCTE	ΔΔCT
		HC	TC	TC-HC	HE	TE	TE-HE	ΔCTE-ΔCTC
P. extract	24.05	24.05	27.66	3.61	23.61	28.08	4.47	0.86
ZnO-P. nano-extract	24.05	24.05	27.66	3.61	24.19	29.75	5.56	1.95
Doxorubicin	24.05	24.05	27.66	3.61	23.77	30.26	6.49	2.88
Control	24.05	24.05	27.66	3.61	24.05	27.66	3.61	0
FLD								
$2^{\Delta\Delta CT}$								
Eamp=1.849								
P. extract								0.5894327
ZnO-P. nano-extract								0.301629
Doxorubicin								0.1703028
Control								1

Extract	Bcl2							
	Control cells				Test cells			
	Conc. (μM)	GAPDH	Bcl2	ΔCTC	GAPDH	Bcl2	ΔCTE	ΔΔCT
		HC	TC	TC-HC	HE	TE	TE-HE	ΔCTE-ΔCTC
P. extract	24.05	24.05	28.02	3.97	23.61	28.57	4.96	0.99
ZnO-P. nano-extract	24.05	24.05	28.02	3.97	24.19	29.84	5.65	1.68
Doxorubicin	24.05	24.05	28.02	3.97	23.77	28.57	4.8	0.83
Control	24.05	24.05	28.02	3.97	24.05	28.02	3.97	0
FLD								
$2^{\Delta\Delta CT}$								
Eamp=1.849								
P. extract								0.5441673
ZnO-P. nano-extract								0.3560787
Doxorubicin								0.6004023
Control								1

Extract	Casp3							
	Control cells				Test cells			
	Conc. (μM)	GAPDH	Casp3	ΔCTC	GAPDH	Casp3	ΔCTE	ΔΔCT
		HC	TC	TC-HC	HE	TE	TE-HE	ΔCTE-ΔCTC
P. extract	24.05	24.05	33.92	9.87	23.61	31.46	7.85	-2.02
ZnO-P. nano-extract	24.05	24.05	33.92	9.87	24.19	30.72	6.53	-3.34
Doxorubicin	24.05	24.05	33.92	9.87	23.77	30.18	6.41	-3.46
Control	24.05	24.05	33.92	9.87	24.05	33.92	9.87	0
FLD								
$2^{\Delta\Delta CT}$								
Eamp=1.849								
P. extract								3.4610874
ZnO-P. nano-extract								7.7905709
Doxorubicin								8.3869048
Control								1

decline in activities of the antioxidants enzymes (SOD and CAT) and levels of TAC and GSH associated with significant ($P \leq 0.05$) elevation in levels of NO and products of the peroxidation reactions (LPO and TPC) in liver tissue homogenate (Table 8). The present study clarified the decline in oxidative stress induced by TAA

via ZnO-P. nano-extract as evidenced by elevated levels of the antioxidants (SOD, CAT, and GSH) and decreasing the peroxidation products in hepatic tissues.

Data compiled in Table 9 showed that levels of inflammatory (TNF- α and IL-6) and fibrosis markers (Hydroxyproline) elevated significantly ($P \leq 0.05$) in liver

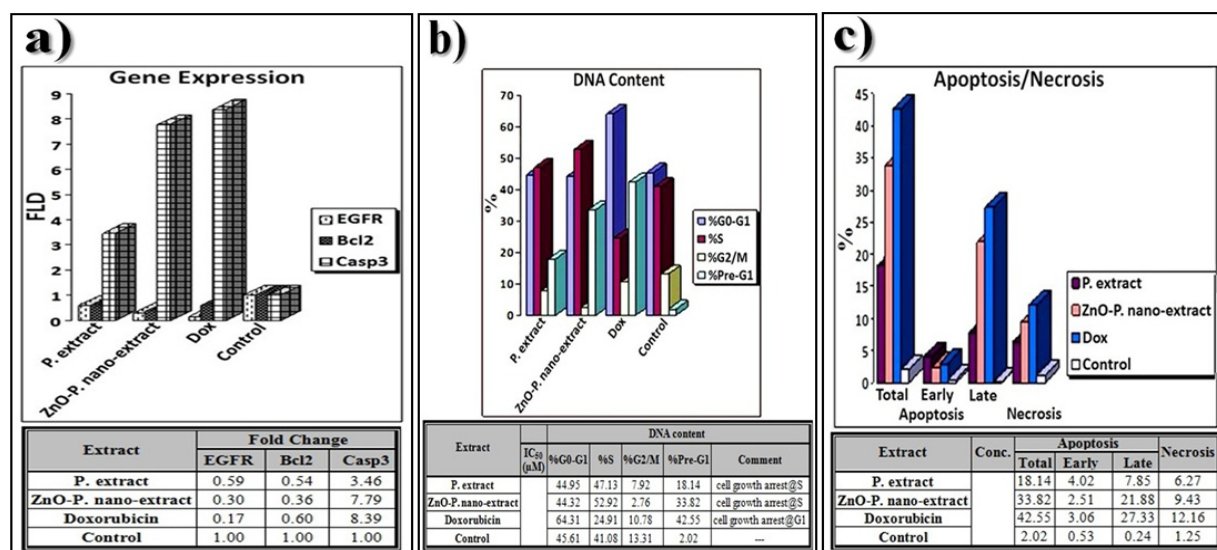


Figure 5. Chart Showing. a, The fold change in expression of the *EGFR*, *Bcl2*, and *Casp3* genes; b, Cell cycle analysis; c, Apoptosis in human liver cancer (HEPG-2) treated with Egyptian Purslane extract before and after incorporating zinc oxide nanoparticles (ZnO-NPs) and compared to control HEPG-2 before and after the treatment with Dox as standard drug.

Table 5. Effect of Egyptian Purslane Extract before and after Incorporating Silver (Ag-NPs) and Zinc Oxide Nanoparticles (ZnO-NPs) against Thioacetamide (TAA) Induced Liver Injury on the Change in Body Weight and Liver/Body Weights Ratio in Rats

	Initial BW	Final BW	Liver W	Change in BW (%)	Liver index (%)
C	203.8 ± 1.47	226 ± 1.38	7.87 ± 0.06	10.91 ± 0.47	3.49 ± 0.04
Purslane extract	207.2 ± 0.99	228 ± 0.98	7.87 ± 0.07	10.05 ± 0.60	3.45 ± 0.04
Ag-P. nano-extract	207.2 ± 0.96	229 ± 0.67	7.96 ± 0.04	10.55 ± 0.71	3.47 ± 0.02
ZnO-P. nano-extract	208.8 ± 0.91	229.4 ± 0.73	7.89 ± 0.05	9.88 ± 0.45	3.44 ± 0.03
TAA	209.8 ± 0.47	187.8 ± 0.76 ^a	17.52 ± 0.08 ^a	-10.48 ± 0.52 ^a	9.33 ± 0.05 ^a
TAA + P. extract	207.6 ± 0.62	197.4 ± 0.57 ^{ab}	8.58 ± 0.03 ^a	-4.91 ± 0.16 ^{ab}	4.35 ± 0.01 ^a
TAA+ Ag-P. nano-extract	207.2 ± 1.17	227.4 ± 1.56 ^b	7.82 ± 0.05 ^b	9.74 ± 0.27 ^b	3.44 ± 0.05 ^b
TAA+ ZnO-P. nano-extract	207.6 ± 0.76	228.6 ± 0.36 ^b	7.81 ± 0.05 ^b	8.65 ± 0.30 ^b	3.41 ± 0.02 ^b

Data were calculated from five replicates and expressed as mean ± SE, ^a, significant versus control group; ^b, significant versus TAA (toxic) group at P≤0.05.

tissues of the TAA treated group. Although the native P. extract and its Ag-nano-extract decreased levels of hepatic inflammatory and fibrosis markers, it could not restore their levels to normalcy. Administration of ZnO-P. nano-extract restored levels of these hepatic markers to normal values.

Histopathological investigation

Light microscopic examination in the liver of normal control rats as well as rats treated with either P. extract, Ag-P. nano-extract or ZnO-P. nano-extract revealed the normal architecture of hepatic parenchyma (Figure 10a, b, c, and d). By contrast, liver of rats treated with TAA showed numerous histopathological alterations described as marked portal fibrosis (expansion of the portal area with

fibrous tissue) (Figure 10e & f) with bridging fibroblasts to encircle the hepatocytes which suffered from hydropic degeneration (Figure 10f). Hyperplasia of epithelial lining bile duct associated with the appearance of newly formed bile ductules (Figure 10e) and focal hepatocellular necrosis was also seen in examined sections. Meanwhile, the liver of rats treated with TAA + P. extract revealed moderate improvement in the histopathological lesions. The examined sections exhibited vacuolar degeneration of some hepatocytes and moderate fibrosis in the portal triad (Figure 10g). Furthermore, amelioration of the hepatic damage was recorded in the liver of rats treated with TAA + Ag-P. nano-extract, as it showed slight hepatocellular vacuolar degeneration and scanty fibroblasts proliferation in the portal triad (Figure 10h). In hepatic tissues of

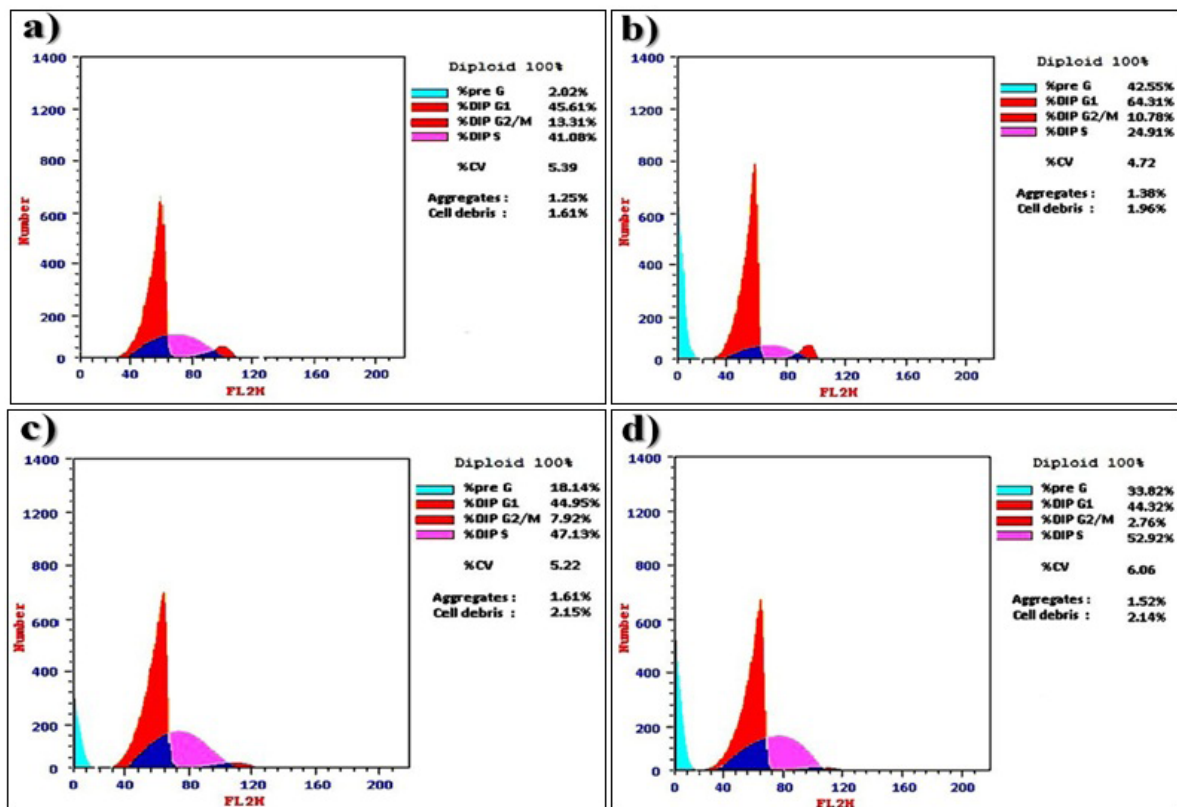


Figure 6. Data of DNA Content in a, Control HEPG-2; b, HEPG-2 treated with doxorubicin; c, HEPG-2 treated with P. extract; d, HEPG-2 treated with ZnO-P. nano-extract.

Table 6. Effect of Egyptian Purslane Extract before and after Incorporating Silver (Ag-NPs) and Zinc Oxide Nanoparticles (ZnO-NPs) against Thioacetamide (TAA) Induced Liver Injury on Hematological Measurements in Rats

	RBCs (10 ⁶ /ul)	HB (g/ dl)	HCT (%)	MCV (um ³)	Platelets (10 ³ /ul)	WBCs (10 ³ /ul)
C	7.75 ± 0.02	12.00 ± 0.05	35.99 ± 0.14	49.93 ± 0.05	488.25 ± 0.99	8.98 ± 0.05
Purslane extract	7.72 ± 0.01	12.01 ± 0.03	36.03 ± 0.10	50.02 ± 0.05	489.83 ± 0.44	9.02 ± 0.04
Ag-P. nano-extract	7.72 ± 0.01	11.99 ± 0.03	35.98 ± 0.09	50.11 ± 0.09	489.65 ± 0.38	8.95 ± 0.04
ZnO-P. nano-extract	7.71 ± 0.02	12.06 ± 0.07	36.17 ± 0.20	50.15 ± 0.07	489.98 ± 0.46	8.87 ± 0.04
TAA	4.78 ± 0.01 ^a	8.19 ± 0.02 ^a	24.56 ± 0.05 ^a	49.85 ± 0.10	336.56 ± 0.55 ^a	23.67 ± 0.02 ^a
TAA + P. extract	5.79 ± 0.02 ^{ab}	10.27 ± 0.01 ^{ab}	30.80 ± 0.04 ^{ab}	49.84 ± 0.07	408.12 ± 0.59 ^{ab}	14.71 ± 0.02 ^{ab}
TAA+ Ag-P. nano-extract	7.71 ± 0.01 ^b	12.03 ± 0.04 ^b	36.10 ± 0.11 ^b	49.92 ± 0.06	490.97 ± 1.15 ^b	8.88 ± 0.02 ^b
TAA+ ZnO-P. nano-extract	7.73 ± 0.02 ^b	11.96 ± 0.03 ^b	35.88 ± 0.09 ^b	49.90 ± 0.06	449.65 ± 0.14 ^{ab}	8.88 ± 0.05 ^b

Data were calculated from five replicates and expressed as mean ± SE, ^a, significant versus control group; ^b, significant versus TAA (toxic) group at P≤0.05.

rats treated with TAA + ZnO-P. nano-extract, there is marked regression in the alterations demonstrated histopathologically with sparsely hepatocellular vacuolar degeneration (Figure 10i) was the only finding observed in this group.

Histochemical investigation (MTC stain for collagen)

The histochemical examination in liver tissue of normal control rats as well as rats treated with P. extract or Ag-P. nano-extract or ZnO-P. nano-extract exhibited normal histochemical reaction (Figure 11a, b, c, and d). Meanwhile liver of rats treated with TAA showed a strong positive blue MTC reaction in the portal triad (Figure 11e), indicating collagen fibers deposition. On the other hand, the treatment with TAA + P. extract revealed a moderate reaction (Figure 11f). Moreover, a weak MTC positive

reaction was recorded in the liver of rats treated with TAA + Ag-P. nano-extract (Figure 11g). Furthermore, a normal histochemical reaction was noticed in the liver of rats treated with TAA + ZnO-P. nano-extract (Figure 11h). Figure 11i revealed the MTC staining area (%) of collagen deposition in hepatic tissue of rats from different experimental groups.

Discussion

The structural properties of prepared M-NPs

UV-Vis spectroscopy is considered a discerning and simple tool for the characterization of M-NPs. The Ag-NPs are characterized by their exceptional optical properties that strongly related to the exact light wavelengths. The

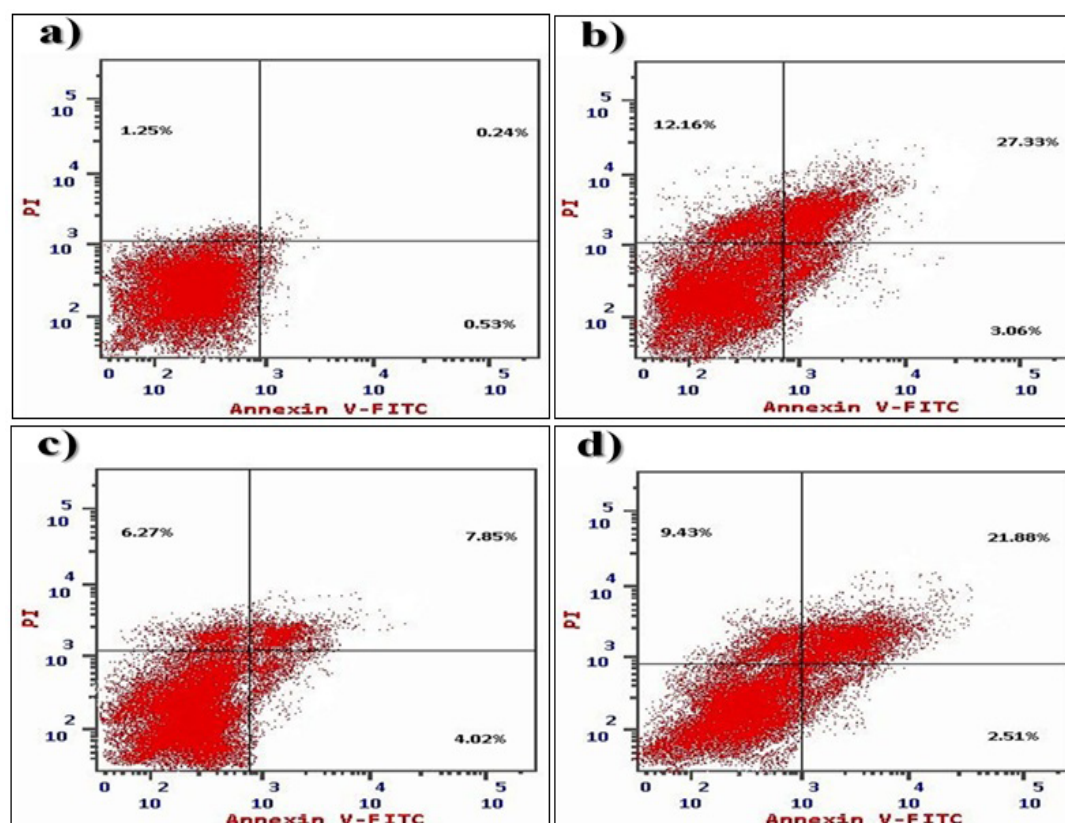


Figure 7. Data of Apoptosis Assay with Annexin V-FITC showing a, Control HEPG-2; b, HEPG-2 treated with doxorubicin; c, HEPG-2 treated with P. extract; d, HEPG-2 treated with ZnO-P. nano-extract

Table 8. Effect of Egyptian Purslane extract before and after Incorporating Silver (Ag-NPs) and Zinc Oxide Nanoparticles (ZnO-NPs) against the Oxidative Stress Induced by Thioacetamide (TAA) in Liver Tissues of Rats

	SOD (IU/g tissue)	CAT (IU/g tissue)	TAC (mM/L)	GSH (mg/g tissue)	LPO (nm/ g tissue)	TPC (nmol/ mg Protein)	NO (nm/ g tissue)
C	52.15 ± 0.04	112.15 ± 0.04	4.16 ± 0.03	215.15 ± 0.04	41.04 ± 0.07	11.28 ± 0.01	856.15 ± 1.19
Purslane extract	52.13 ± 0.05	112.14 ± 0.05	4.14 ± 0.05	215.15 ± 0.05	40.92 ± 0.14	11.29 ± 0.01	854.54 ± 1.35
Ag-P. nano-extract	52.15 ± 0.04	112.15 ± 0.04	4.13 ± 0.03	215.16 ± 0.05	41.06 ± 0.05	11.30 ± 0.01	853.95 ± 0.68
ZnO-P. nano-extract	52.27 ± 0.06	112.13 ± 0.05	4.14 ± 0.04	215.16 ± 0.04	40.94 ± 0.07	11.30 ± 0.01	853.75 ± 0.72
TAA	4.85 ± 0.03 ^a	30.78 ± 0.02 ^a	16.55 ± 0.14 ^a	71.46 ± 0.15 ^a	171.95 ± 0.29 ^a	46.26 ± 0.03 ^a	1438.06 ± 0.93 ^a
TAA + P. extract	20.79 ± 0.03 ^{ab}	71.83 ± 0.02 ^{ab}	10.83 ± 0.02 ^{ab}	111.22 ± 0.16 ^{ab}	108.72 ± 0.02 ^{ab}	33.86 ± 0.02 ^{ab}	1227.63 ± 0.81 ^{ab}
TAA + Ag-P. nano-extract	35.83 ± 0.22 ^{ab}	85.86 ± 0.23 ^{ab}	8.09 ± 0.04 ^{ab}	176.82 ± 0.21 ^{ab}	88.91 ± 0.07 ^{ab}	21.86 ± 0.02 ^{ab}	1006.60 ± 1.04 ^{ab}
TAA + ZnO-P. nano-extract	52.14 ± 0.04 ^b	112.11 ± 0.05 ^b	4.13 ± 0.04 ^b	215.14 ± 0.04 ^b	41.02 ± 0.06 ^b	11.29 ± 0.01 ^b	854.35 ± 0.84 ^b

Data were calculated from five replicates and expressed as mean ± SE, ^a significant versus control group; ^b significant versus TAA (toxic) group at P≤0.05.

Table 7. Effect of Egyptian Purslane Extract before and after Incorporating Silver (Ag-NPs) and Zinc Oxide Nanoparticles (ZnO-NPs) on Biomarkers of Liver Injury Induced by Thioacetamide (TAA) in rats.

	ALT (U/L)	AST (U/L)	ALP (U/L)	GGT (U/L)	LDH (U/L)	T. Bil (Umol/L)	T. Protein (g/dl)	Alb	TC	T.Gs
C	42.29 ± 0.01	28.04 ± 0.05	108.18 ± 0.09	8.7 ± 0.01	273.87 ± 0.08	4.86 ± 0.02	8.33 ± 0.01	3.8 ± 0.01	61.97 ± 0.08	83.55 ± 0.16
Purslane extract	42.25 ± 0.01	27.98 ± 0.08	108.39 ± 0.13	8.69 ± 0.01	274.00 ± 0.05	4.82 ± 0.02	8.29 ± 0.01	3.8 ± 0.01	62.06 ± 0.06	83.55 ± 0.12
Ag-P. nano-extract	42.27 ± 0.00	28.09 ± 0.05	108.38 ± 0.12	8.69 ± 0.01	273.97 ± 0.04	4.83 ± 0.02	8.28 ± 0.01	3.79 ± 0.01	61.92 ± 0.07	83.43 ± 0.14
ZnO-P. nano-extract	42.26 ± 0.01	28.11 ± 0.05	108.19 ± 0.04	8.7 ± 0.01	273.93 ± 0.04	4.8 ± 0.01	8.28 ± 0.00	3.78 ± 0.01	61.94 ± 0.06	83.42 ± 0.12
TAA	296.03 ± 0.04 ^a	181.87 ± 0.53 ^a	639.47 ± 0.68 ^a	41.75 ± 0.04 ^a	1396.72 ± 0.42 ^a	18.48 ± 0.06 ^a	4.25 ± 0.00 ^a	1.86 ± 0.00 ^a	155.14 ± 0.14 ^a	183.81 ± 0.25 ^a
TAA + P. extract	120.48 ± 0.19 ^{ab}	86.9 ± 0.06 ^{ab}	352.83 ± 0.12 ^{ab}	25.6 ± 0.01 ^{ab}	755.67 ± 0.12 ^{ab}	12.73 ± 0.02 ^{ab}	6.25 ± 0.01 ^{ab}	2.29 ± 0.01 ^{ab}	155.07 ± 0.06 ^a	183.8 ± 0.10 ^a
TAA + Ag-P. nano-extract	42.26 ± 0.02 ^b	28.12 ± 0.06 ^b	108.14 ± 0.08 ^b	8.67 ± 0.02 ^b	273.71 ± 0.13 ^b	4.78 ± 0.03 ^b	6.29 ± 0.00 ^{ab}	2.28 ± 0.00 ^{ab}	101.71 ± 0.33 ^{ab}	120.76 ± 0.14 ^{ab}
TAA + ZnO-P. nano-extract	42.3 ± 0.01 ^b	28.09 ± 0.06 ^b	108.10 ± 0.06 ^b	8.69 ± 0.01 ^b	273.89 ± 0.01 ^b	4.83 ± 0.02 ^b	8.28 ± 0.01 ^b	3.77 ± 0.01 ^b	62.06 ± 0.05 ^b	83.57 ± 0.15 ^b

Data were calculated from five replicates and expressed as mean ± SE, ^a significant versus control group; ^b significant versus TAA (toxic) group at P≤0.05.

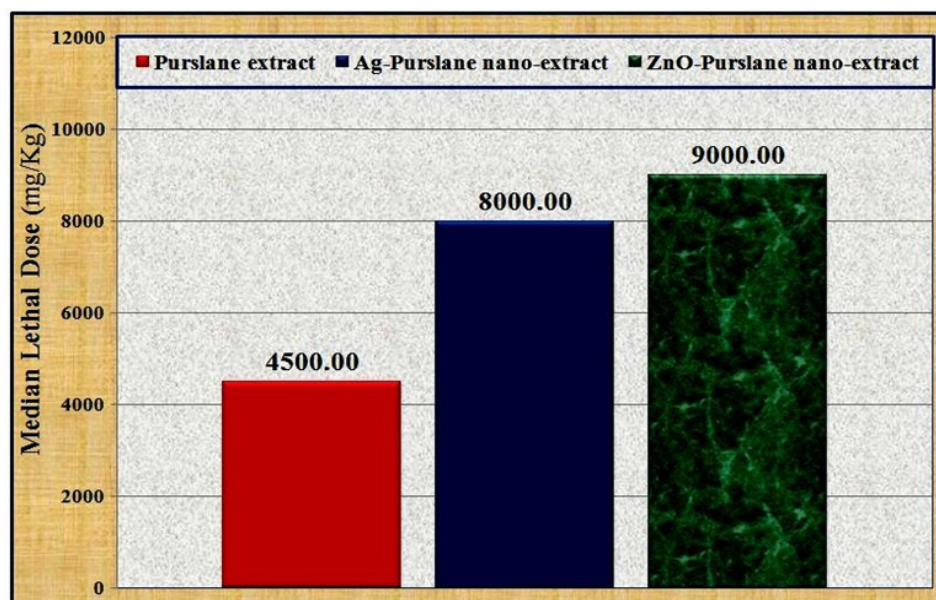


Figure 8. The Median Lethal Doses (LD50) of Egyptian Purslane Extract before and after Incorporating Silver (Ag-NPs) and Zinc Oxide Nanoparticles (ZnO-NPs).

Table 9. Effect of Egyptian Purslane Extract before and after Incorporating Silver (Ag-NPs) and Zinc Oxide Nanoparticles (ZnO-NPs) against Thioacetamide (TAA) Induced Liver Injury on Liver Inflammatory (Tumor Necrosis Factor α (TNF- α) and Interleukin-6 (IL-6)) and Fibrosis Markers (Hydroxyproline) in Liver Tissues of Rats.

	TNF- α (Pg/g tissue)	IL-6 (Pg/g tissue)	Hydroxyproline (kg/mg tissue)
C	358.90 \pm 0.73	490.14 \pm 0.17	0.27 \pm 0.00
Purslane extract	358.84 \pm 0.52	489.30 \pm 0.45	0.27 \pm 0.00
Ag-P. nano-extract	359.08 \pm 0.55	489.70 \pm 0.29	0.27 \pm 0.00
ZnO-P. nano-extract	359.63 \pm 0.31	489.50 \pm 0.17	0.27 \pm 0.00
TAA	830.72 \pm 0.29 ^a	1355.07 \pm 0.82 ^a	0.80 \pm 0.00 ^a
TAA + P. extract	648.72 \pm 0.24 ^{ab}	816.46 \pm 0.66 ^{ab}	0.59 \pm 0.00 ^{ab}
TAA+ Ag-P. nano-extract	648.91 \pm 0.28 ^{ab}	816.86 \pm 0.66 ^{ab}	0.58 \pm 0.00 ^{ab}
TAA+ ZnO-P. nano-extract	358.51 \pm 0.59 ^b	489.09 \pm 0.27 ^b	0.27 \pm 0.00 ^b

Data were calculated from five replicates and expressed as mean \pm SE, ^a, significant versus control group; ^b, significant versus TAA (toxic) group at $P \leq 0.05$.

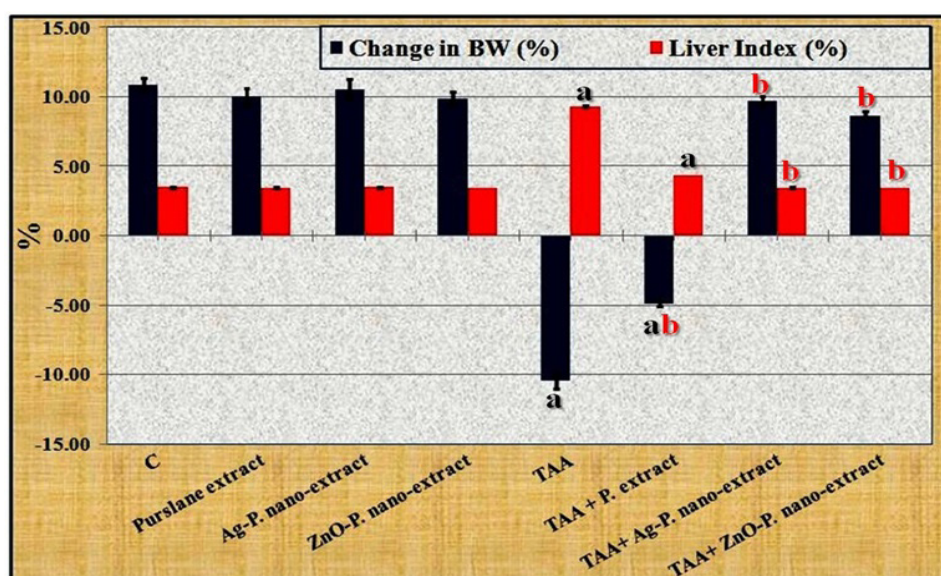


Figure 9. Effect of Egyptian Purslane Extract before and after Incorporating Silver (Ag-NPs) and Zinc Oxide Nanoparticles (ZnO-NPs) against Thioacetamide (TAA) Induced Liver Injury on Body and Liver/Body Weights Ratio in Rats. Data were calculated from five replicates and expressed as mean \pm SE, a: significant versus control group, b: significant versus TAA (toxic) group at $P \leq 0.05$

Table 10. The Histopathological Lesion Scores Showed the Effect of Egyptian Purslane Extract before and after Incorporating Silver (Ag-NPs) and Zinc Oxide Nanoparticles (ZnO-NPs) against Thioacetamide (TAA) Induced Liver Injury in Liver Tissues of Rats.

	Hepatocellular vacuolar / hydropic degeneration	hepatocellular necrosis	hyperplasia of biliary epithelium and newly formed bile ductules	Fibrosis
C	0	0	0	0
Purslane extract	0	0	0	0
Ag-P. nano-extract	0	0	0	0
ZnO-P. nano-extract	0	0	0	0
TAA	3	2	3	3
TAA + P. extract	2	1	1	2
TAA+ Ag-P. nano-extract	1	0	1	1
TAA+ ZnO-P. nano-extract	1	0	0	0

sharp peak that was identified at 456 nm confirmed Ag-NPs synthesis and this was in agreement with the study suggested by Raja et al. (2017). The peak that was identified at 375 nm confirmed ZnO-NPs synthesis and this indicated the monodispersed nature of the NPs distribution (Nouroozi and Farzaneh, 2011; Talam et al.,

2012). The XRD is one of the most suitable techniques used for revealing the structural properties of nano-scaled materials. During the current study, The Ag-NPs and ZnO-NPs were prepared and studied using the XRD diffraction pattern. The diffraction peaks that were identified by XRD confirmed the presence of silver at the nano-scale and this

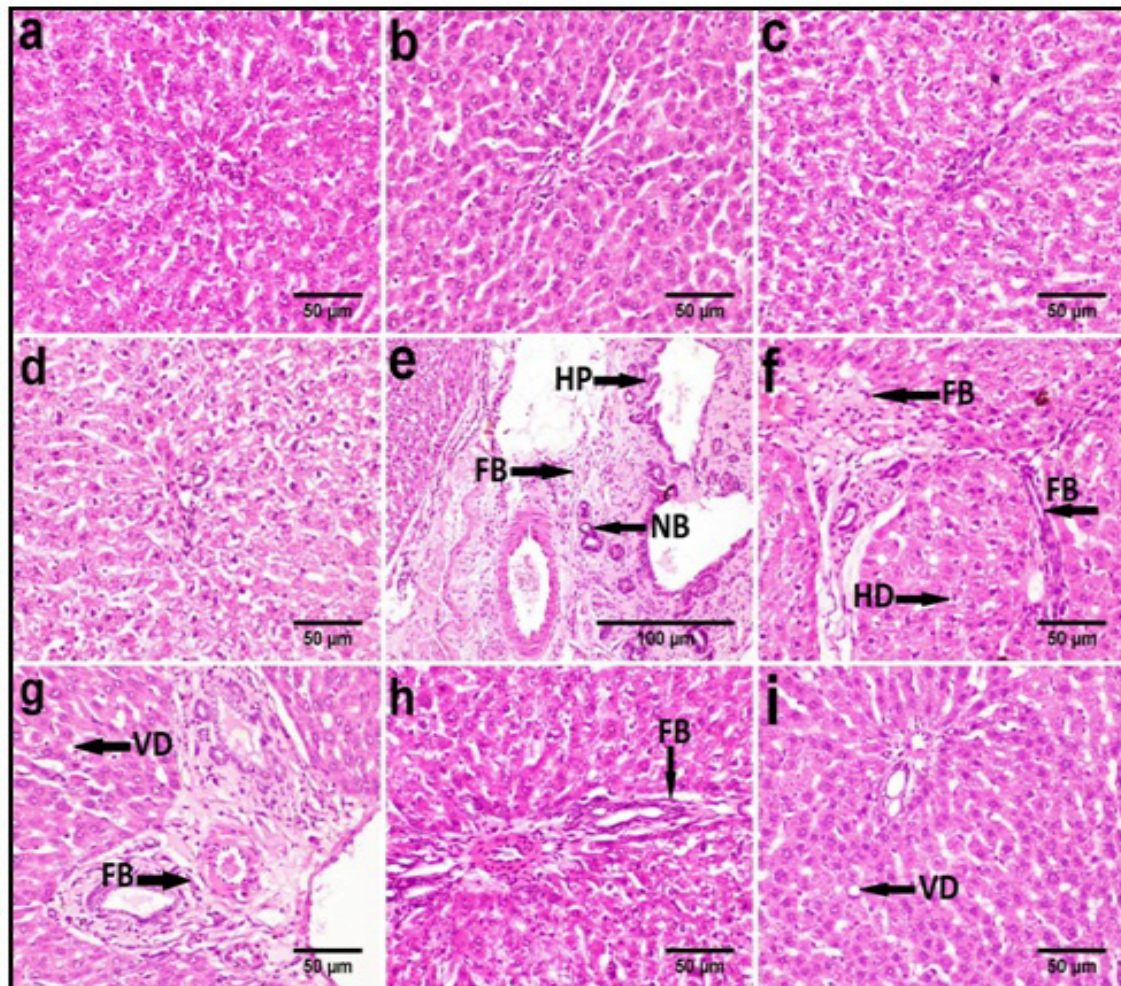


Figure 10. Representative Photomicrographs of H & E Stained Liver Sections (scale bar 50μm) of Rats, a), b), c) and d); Normal control, native P. extract, Ag-P. nano-extract and ZnO-P. nano-extract, respectively showing the normal architecture of hepatic tissue. e) and f) TAA treated, showing marked portal fibrosis associated with bridging fibroblasts and encircled the hepatocytes (FB), hyperplasia of the epithelial lining bile duct (HP), newly formed bile ductules (NB), and hydropic degeneration of hepatocytes (HD). g) TAA + native P. extract showing vacuolar degeneration of some hepatocytes (VD) and moderate fibrosis in the portal triad (FB). h) TAA + Ag-P. nano-extract showing scanty fibroblasts proliferation in the portal triad (FB). i) TAA + ZnO-P. nano-extract showing sparsely hepatocellular vacuolar degeneration (VD).

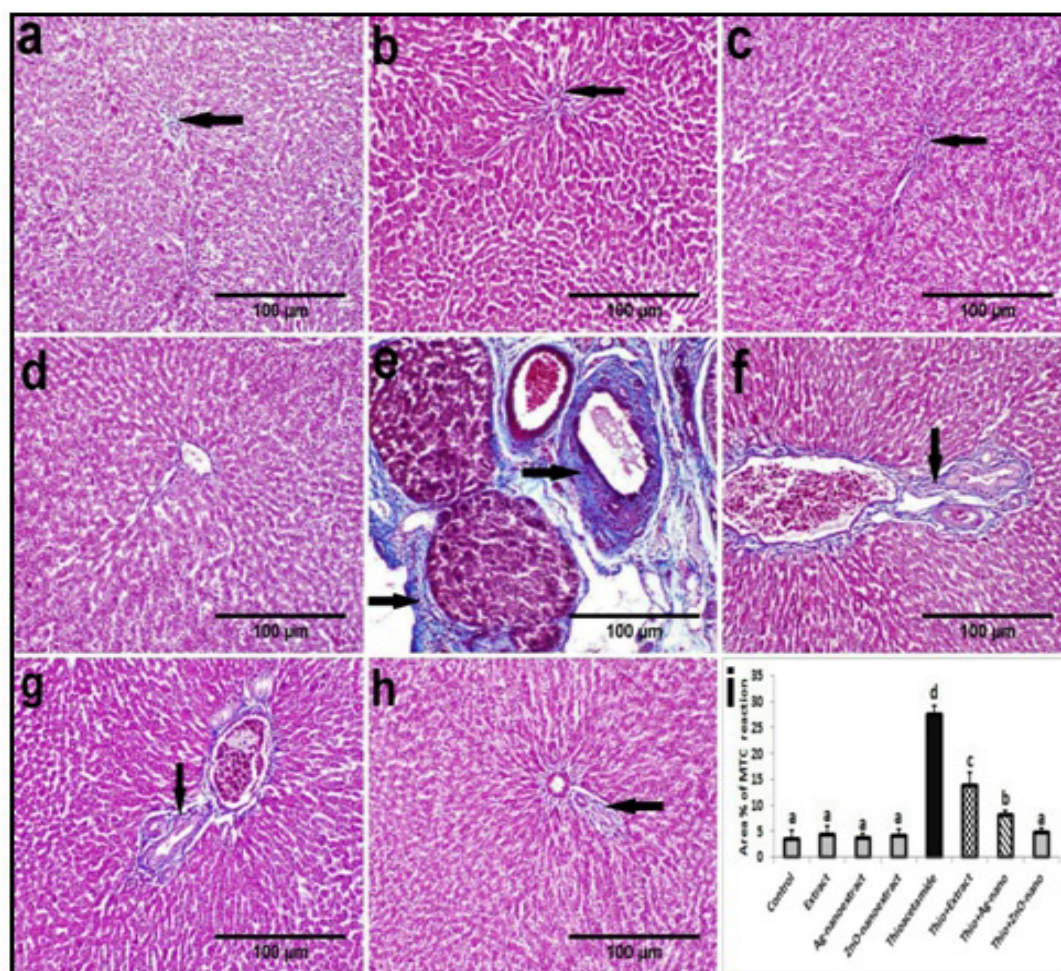


Figure 11. Representative Photomicrographs of MTC Stained Liver Tissue (scale bar 100µm) of rats, a), b), c) and d); normal control, extract, Ag-P. nano-extract and ZnO-P. nano-extract, respectively showing normal weak MTC reaction. e) TAA treated showing strong positive blue reaction in the portal triad and around the hepatic lobules (arrows). f) TAA + native P. extract showing moderate histochemical reaction (arrow). g) TAA + Ag-P. nano-extract showing mild collagen deposition (arrow). h) TAA + ZnO-P. nano-extract showing normal weak MTC reaction in the portal triad (arrow). i) showing MTC staining area (%) of collagen deposition. Data are shown as mean \pm SD; One-way analysis of variance was used for data analysis, mean values with unlike superscript letters were different significantly at $P \leq 0.05$.

was agreed with Lakshmanan et al. (2018) and Moustafa et al. (2018). All peaks obtained by the XRD diffraction pattern are consistent with a polycrystalline Wurtzite structure of ZnO-NPs and this was in accordance with Abdel-Rahman et al. (2021). Shape, size, morphology, and diffraction lattice of the fabricated nanomaterials were identified by TEM that was used for determining the diameter of whole particles on TEM images. Data that were obtained by TEM confirmed Ag-NPs synthesis. This was in agreement with the findings of the experiment performed by Ahmed and Ikram (2015) and supported by Aboulthana et al. (2019). Furthermore, the TEM data that supported the synthesis of ZnO-NPs agreed with the study performed by Khoshhesab et al. (2011). Decreasing the size of the ZnO-NPs is strongly related to increasing their functionality as anticancer agents due to increasing the surface-to-volume ratio (Supatutkul et al., 2017; Azizi et al., 2017). DLS is categorized as a non-destructive technique that was used to determine the average diameter as well as distributions of the prepared M-NPs dispersed in aqueous solutions. Particles sizes of the synthesized M-NPs that were examined by DLS were larger than the

ones obtained from TEM. This might be attributed to the effect of Brownian motion and the M-NPs agglomeration. In addition, the presence of secondary metabolites as a capping or reducing agent increases the stability of the synthesized M-NPs (Youssef et al., 2014).

The in vitro biological activity of aqueous Purslane extract before and after incorporating M-NPs

During the current study, it was noticed that incorporation of ZnO-NPs into P. extract increased the antioxidant activity significantly ($P < 0.05$) more than Ag-NPs. This was in agreement with Rajeshkumar et al. (2019) and supported recently by Stanisavljević et al. (2020) who were conducted to assess the in vitro antioxidant potential of plant-synthesized NPs and reported that the biogenic ZnO-NPs exhibited higher antioxidant potential due to increasing concentration of the active phyto-constituents that possess redox potential. It was found that both of the Ag- and ZnO-P. nano-extracts exhibited a significant ($P < 0.05$) higher inhibitory effect than that in native P. extract. This was in accordance with Vasudeo and Pramod (2016) and Thiruvengadam

et al. (2019) who conducted on several classes on NPs and suggested that the bio-based ZnO-NPs can exhibit an inhibitory effect on α -amylase activity and therefore they might be studied as an alternative therapeutic agent for diabetes treatment. ZnO-P. nano-extract showed a significant ($P < 0.05$) inhibitory effect on AChE activity higher than that in Ag-P. nano-extract and the extract itself. This was in agreement with Wang et al. (2009) who proposed that the M-NPs exhibited their inhibitory effect primarily by adsorption or interaction with AChE protein due to their binding affinity to ChEs and this attributed to the NPs' lipophilicity / or due to hydrophobicity of the enzyme environment in ChE molecules. So far, the mechanism by which the M-NPs interact with ChEs proteins is not completely understood.

It was noticed that the Ag-P. nano-extract exhibited the highest cytotoxic activity against CACO-2 cells compared to ZnO-nano-extract and native extract itself. This agreed with Duran et al. (2015) who postulated that the Ag-NPs have distinct physico-chemical and biological properties exceptionally small size and potential antibacterial activity. AgNO₃ is the most commonly used Ag precursor because it is affordable and cheap (Balaz et al., 2017). The size and shape of the Ag-NPs are the key factors affecting the potential biological activity. They are characterized by a larger surface area that offers many opportunities for interaction with biomolecules. Thus, the triangular Ag-NPs with smaller sizes are more active than spherical and rod-shaped ones (Nam et al., 2015). The cytotoxic activity of Ag-NPs might be attributed to the presence of a negligible amount of free Ag ions obtained from AgNO₃ that was used as a source of silver ions (Kim et al., 2009). Results of the previous studies revealed that the cells treated with Ag have limited exposure to Ag ions (+), despite the Ag (+) release in cell cultures. Cytotoxicity of the Ag-NPs was comparable with that of Ag ions (+) and it occurs primarily as a result of the intracellular oxidative stress and it does not depend on the toxicity of Ag (+) (Yen and Mashitah, 2013). The potential role of the Ag-NPs with the particle size ranged from 15-55 nm in the initiation of oxidative stress was studied and it was noticed that exposure of cells to Ag-NPs exhibited abnormal changes in terms of morphology and absorption characteristics after 24 hours and hence the viability declined significantly with raising the Ag-NPs dose (Manna et al., 2001).

The ZnO-P. nano-extract exhibited the highest cytotoxic activity HEPG-2. This was in agreement with the studies suggested by De Angelis et al. (2013) and supported by Namvar et al. (2015) who mentioned that ZnO-NPs exhibited cytotoxic activity on different human cell lines including hepatocytes and alveolar adenocarcinoma depending mainly on their particle size. Their cytotoxic activity is related to the ionization of Zn to Zn²⁺ and the production of free radicals from the NPs' surface resulting in an ionic and metabolic imbalance in the cell. Size, surface characteristics (e.g., surface charge and rugosity), dissolution, solubility, chemical reactivity and the exposure routes are directly correlated to the cytotoxic activity of ZnO-NPs. The nanotoxicological behavior of ZnO-NPs was influenced after their interaction

with biomolecules (Hu et al., 2009). Solubility of the metal/metal oxide NPs is related to solution pH and temperature. The soluble ZnO-NPs exhibited higher cytotoxic activity than insoluble ones when applied at the same concentration (Chang et al., 2012). Zinc belongs to the essential compounds that were utilized in the synthesis of DNA and protein, in addition to its vital role in blood coagulation and the immune system (Lye et al., 2012). The chemical reactivity and level of transparency of the ZnO-NPs increase with decreasing their particle size with respect to the bulk-sized ZnO. The biological activity of the ZnO-NPs that is concerned with the cellular uptake and efficient delivery to biological systems was attributed to their unique features that increase the proportion of atoms on their surfaces and hence their potential toxicity increased. Although many studies have been conducted on the toxicity of the ZnO-NPs on different human cell lines, safety approaches regarding their biological applications should be taken into consideration (Yang et al., 2009). The ZnO-NPs belong to popular nanomaterials that are characterized by their unique properties including cellular uptake and the delivery efficiency to biological systems (Mohammad et al., 2019). The ZnO-P. nano-extract showed cytotoxic activity against HEPG-2 cells due to the effect of the phyto-constituents that exert their biological activities including regulation of cell proliferation, phagocytosis, and intracellular signaling that stimulated by the production of the Reactive Oxygen Species (ROS) (Ibrahim et al., 2011). The ZnO nanostructures can be utilized for the development of anti-tumor agents due to their ability to fight cancer cells. In addition, they are dramatically less toxic to normal cells (Wahab et al., 2014; Moghaddam et al., 2017).

The HEPG-2 is characterized as a progressive development of preneoplastic and neoplastic lesions. It can be classified as one of the most prevalent malignant diseases (Feo et al., 2016). Casp3 is one of the executioner caspase members and Bcl2 belongs to the apoptotic genes. Regulation of the cell cycle was closely correlated apoptosis. Therefore, the absence of the apoptotic systems and uncontrolled cell proliferation can lead to tissue malignancies and growth disorders (Basu and Haldar, 1998). The ratio of the cell cycle phase was measured with PI staining using flow cytometry to reveal the anti-proliferative activity of ZnO-P. nano-extract that was triggered by cell cycle arrest. As shown in Figure 5b, treatment of HEPG-2 with ZnO-P. nano-extract enhanced the accumulation of the cells at the S and Pre-G1 phases compared with the control HEPG-2 or those cells treated with the native extract itself. The percentage of the HEPG-2 cells at the S and Pre-G1 phases was about 52.92 and 33.82%, respectively. On contrary, the ZnO-P. nano-extract decreased the HEPG-2 cells accumulation as compared to control HEPG-2 or those cells treated with the native extract itself at G2/M phase where their percentage at that phase was about 2.76%.

In the present study, it was found that treatment of HEPG-2 with ZnO-NPs induced apoptosis as compared to control HEPG-2 or those cells treated with native extract itself. This was in agreement with Mohammad et al. (2019) who suggested reported that the presence of ZnO-NPs

exhibited antitumor activity confirmed by enhancing expression of the apoptotic genes that consequently lead to apoptosis induction in HEPG-2 cells. This type of NPs exhibited strong preferential cytotoxic activity against different types of human cancer cells including human bronchial epithelial BEAS-2B and human lung adenocarcinoma A549 in addition to HEPG-2 (Akhtar et al., 2012). During the current study, it was found that the ZnO-P. nano-extract exhibited a higher significant cytotoxic effect on HEPG-2 and this agreed with Jacob et al. (2014) and supported by Bisht and Rayamajhi (2016) who postulated that the cytotoxicity of ZnO-NPs might be attributable to the intracellular release of dissolved zinc ions that were accompanied by induction of ROS. This action is stimulated by comprising the pro-inflammatory reaction against ZnO-NPs in the cell. Furthermore, the characteristic surface of the ZnO-NPs enables them to act as a redox system (Rasmussen et al., 2010).

The in vivo biological activity of aqueous Purslane extract before and after incorporating M-NPs

The ZnO-P. nano-extract was safer than Ag-P. nano-extract and the native extract itself when administrated orally. This was in agreement with Ng et al. (2017) who postulated that ingestion of ZnO-NPs showed no toxicity in rodents although this type of NPs is well known by their ability to induce oxidative stress and production of excessive ROS. Safety of the nano-extract might refer to the role of the renal clearance to remove the NPs from the body with minimal degradation rate to avoid the possible side effects (Aboulthana et al., 2019 ; Abdel-Halim et al., 2020).

In the present study, it was found that TAA caused a significant ($P \leq 0.05$) reduction in the final total body weight. This was in agreement with Kabiri et al. (2014). This might be attributed to increasing lipolysis and protein catabolism with decreasing appetite (Hamed et al., 2011), absorption of the nutrients, utilization of food or excessive water and salts in addition to loss of proteins due to renal injury (Chiu, 2012). In addition, the decrease in liver weight in TAA treated group agreed with Algandaby et al. (2017) who added that the elevation in the liver index (ratio of liver/body weight) might refer to an accumulation of the ECM in the fibrotic liver. The ZnO-P. nano-extract showed an ameliorative effect by restoring the body and liver weights to normal values and this agreed with Wang et al. (2016) who mentioned that the ZnO-NPs might partly contribute to the increases in the relative organ weights due to the role of Zn in metabolic pathways in the small intestine and hence accumulated in the liver tissues.

During the present study, the significant ($P \leq 0.05$) reduction in levels of RBCs indices with increasing in WBCs count in TAA treated group agreed with Chen et al. (2008) who postulated that elevation of the WBCs count was related to inducing the inflammation that consequently leads to lowering the RBCs indices. The ZnO-P. nano-extract ameliorated the hematological measurements by restoring their levels to normalcy. This was following Shkal et al. (2020a) who postulated that the presence of ZnO-NPs ameliorated the hematological toxicity induced

by the toxic substances.

The elevation in activities of the hepatic enzymes in sera of TAA treated group might be attributed to damage of the cell membrane and hence these enzymes liberated into circulation (Ali et al., 2016). In addition, the elevation in bilirubin level might refer to the inflammatory and fibrotic effect of TAA that leads to blockage of bile ductile in portal triads and/or due to regurgitation of conjugated bilirubin from necrotic hepatocytes to sinusoids (Ahmed, 2001). The ZnO-P. nano-extract restored activities of the hepatic specific enzymes to normal levels. This was in accordance with Dawei et al. (2009) who suggested that ZnO-NPs are able to protect the integrity of the cell membranes against the damage induced by oxidative stress, increase levels of the antioxidants and decrease products of the peroxidation reactions. The pathological changes were ameliorated by treatment with ZnO-P. nano-extract due to lowering products of the lipid and protein peroxidation reactions, enhancement of antioxidant enzymes (SOD and CAT), and preserving the tissue GSH.

Also, TAA decreased levels of T. protein and albumin significantly ($P \leq 0.05$). This might refer to damage and worsening of the hepatic functions that consequently leads to suppressing detoxification of the hepatic functions (Yang et al., 2019). Although the native P. extract and its Ag-nano-extract opposed the deleterious effect of TAA indicating improvement of liver functions, ZnO-P. nano-extract restored the hepatic functions to a normal physiological state. The significant ($P \leq 0.05$) elevation in levels of TC and T.Gs in sera of TAA treated group agreed with Esteban et al. (1999) who emphasized that the liver plays a central role in lipid metabolism. The hepatic injury leads to changes in serum lipids, lipoprotein, TC, TGs, and activities of some related enzymes (Arranz et al., 1996). Therefore, Levels of the TC and T.Gs increased as a result of the hepatic injury induced by TAA. The ZnO-P. nano-extract decreased levels of the lipid measurements to normalcy and this was in agreement with Shkal et al. (2020)b who reported that ZnO-NPs prevented changes in lipids measurements due to their antioxidant characters.

It was postulated that oxidative stress is considered a major molecular mechanism involved in liver fibrosis induced by TAA. The ROS in addition to other toxic metabolites were released as a result of the hepatic metabolism of TAA leading to hepatic necrosis, centrilobular damage affecting cell membranes releasing the lipid peroxidation product (Tsai et al., 2010; Ryu et al., 2019).

During the current study, it was found that the activities of the antioxidants enzymes (SOD and CAT), levels of TAC and GSH decreased significantly ($P \leq 0.05$) in the TAA treated group that showed elevation in products of the peroxidation reactions (LPO and TPC) in liver tissue homogenate. This was in accordance with Lochner et al. (2009) who emphasized that TAA enhanced oxidative stress due to activation of neutrophils, macrophage, and monocytes which release various pro-oxidants. Due to the presence of a thiono-sulfur group, the TAA was metabolized extensively to produce acetamide and TAA-S-oxide then consequently transformed into

TAA-S, S-dioxide, and unstable reactive metabolites that bind covalently to liver macromolecules initiating necrosis (Chilakapati et al., 2005). The ZnO-P. nano-extract restored the antioxidant status to normalcy by elevating levels of the antioxidants (SOD, CAT, and GSH) with decreasing levels of the peroxidation products in hepatic tissues. This agreed with Nagajyothi et al. (2015) and Li et al. (2017) who reported that the ZnO-NPs exhibited antioxidant and anti-inflammatory properties. Furthermore, the presence of Zinc is considered as a core constituent of antioxidant enzymes and it exerts antioxidant activity by various mechanisms as regulation of cellular glutathione, induction of metallothioneins, a powerful scavenger of free radicals, protection sulphhydryl groups against oxidation, keeping the intracellular GSH levels and reducing the peroxidation products (Bao et al. 2013). Also, the concentration of the peroxidation products decreased as a result of ZnO-P. nano-extract administration more than Ag-P. nano-extract due to the efficiency of Zn (a powerful antioxidant metal) in displacing transition metals (iron and copper) from catalytic sites (Afifi and Abdelazim, 2015). ROS production is strongly related to and inflammation and fibrosis in many hepatic diseases. Both oxidative stress and inflammatory mediators play an important role in the activation of the HSCs that consequently inhibited antioxidant defense and hence enhance generation of ROS and inflammation during induction of liver fibrosis (Lavieri et al., 2014). TAA injection caused marked hepatocytes necrosis, lymphocyte infiltration, and fibroblasts proliferation. Upon liver injury, the HSCs acquire a highly proliferative index producing fibrillar collagen within the injured liver (Elsharkawy et al., 2005). It was demonstrated that the antioxidant agents that exhibit anti-inflammatory effect are considered promising factors for attenuating the hepatic fibrosis that was promoted by TNF- α and IL-6 (Li et al., 2016 ; Kakino et al., 2018). Therefore, TNF- α and IL-6 signal pathways have been studied during this present study. The anti-fibrotic mechanism of P. extract and its Ag- and ZnO-P. nano-extracts were evaluated by assaying the proinflammatory cytokines (TNF- α and IL-6) that were studied as inflammatory markers in liver tissue homogenates as suggested by Racanelli and Rehmann (2006) who reported that levels of these cytokines are related to ROS overproduction. The ZnO-P. nano-extract was found to suppress the accumulation of oxidative and inflammatory markers and restore antioxidative status by increasing levels of the antioxidants with decreasing markers of the oxidative stress showing strong antioxidant and anti-inflammatory activity opposing the adverse effect of TAA. Also, the anti-inflammatory effect of ZnO-P. nano-extract was explored by lowering levels of TNF- α and IL-6. It mitigated the elevation in TNF- α and IL-6 stimulated by TAA injection. TNF- α is involved in the pathogenesis of various inflammatory liver diseases (Dong et al. 2016). IL-6 was highly specific in a diagnosis of non-alcoholic steatohepatitis because it was strongly related to fatty liver disease (Tarantino et al. 2009). Both TNF- α and IL-6 levels increased in the sera as a result of acute or chronic hepatitis infection (Xia et al. 2015).

Since IL-6 dysregulates enzymatic antioxidant defenses, it was suggested that ZnO-NPs might protect hepatic tissues against the lesion induced by TAA via reducing levels of IL-6 and lipid peroxidation (Mathy-Hartert et al. 2008). Hydroxyproline is one of the most amino acids present in collagen following hydroxylation of proline moiety. It is produced in the ECM by activation of HSCs to preserve the integrity and function of the hepatocytes (Gabr et al., 2017). Its level in liver tissues comprises a superior limiting factor which could signify correct rates and progression of liver fibrogenesis (Wynn, 2008). Development of hepatic fibrosis depends mainly on the incorporation of proline into procollagen via hydroxylation process to the hydroxyproline that is correlated with rates of collagen synthesis and can be used in the assessment of collagen content. Therefore, the level of this amino acid is considered a marker of collagen metabolism (synthesis and degradation) during the pathogenesis of hepatic fibrosis (McAnulty et al., 1991). During the current study, the hydroxyproline content increased significantly ($P \leq 0.05$) in TAA treated group and this agreed with Eissa et al. (2018) and was supported recently by Yang et al. (2019) who demonstrated that the level of hydroxyproline increased as a result of inhibition of the TGF- β /a-SMA signaling pathway that attenuates liver fibrosis. The ZnO-P. nano-extract exhibited anti-fibrotic activity due to its activity in downregulating the hydroxyproline (fibrotic marker). This was in agreement with Szuster-Ciesielska et al. (2009) who reported that the presence of ZnO-NPs inhibited the development of liver fibrosis by reducing the hepatic hydroxyproline level. Also, zinc exhibited its antioxidant and ameliorative role by inhibiting ethanol and acetaldehyde-induced activation of HSCs and hence inhibits markers of HCS activation.

Histopathological investigation

During the present study, it was noticed that injection of TAA caused severe hepatic fibrosis in addition to the abnormalities that detected histopathologically and this might refer to the vascular congestion and leukocyte infiltrations that induced as a result of the inflammatory changes and consequently lead to liver fibrosis (Jeon et al., 2003; Amalia et al., 2007). Hepatic fibrosis might occur due to effect of the oxidative stress is considered the most common cause of liver injury (Poli, 2000). Administration of ZnO-P. nano-extract caused marked regression in the alterations demonstrated histopathologically and this might be attributed to the efficiency of ZnO-NPs to enhance the antioxidant status by lowering levels of the free radicals with increasing activities of the antioxidantases (Badkoobeh et al., 2013).

Histochemical investigation (MTC stain for collagen)

The histochemical examination showed that liver tissues of rats treated with TAA were noticed with a strong positive blue MTC reaction in the portal triad. This was following Bissell et al. (1990) who demonstrated that collagen accumulated in hepatic tissues (mark of fibrosis) and this might be attributed to the oxidative stress that stimulates inflammation and the pro-inflammatory

cytokines, chemokines, and adhesion molecules that can initiate activation of the HSC (Pinzani and Macias-Barragan, 2010). Poonkhum et al. (2011) added that overproduction of collagens occurred as a result of HSCs activation during hepatic fibrosis. Therefore, the MTC used for staining thick collagen fibers to be detected in liver sections of the TAA treated group. Administration of ZnO-P. nano-extract showed a normal histochemical reaction. This was supported by Sorensen-Zender et al. (2015) who emphasized that the presence of ZnO-NPs decreased products of the peroxidation reactions which participate in fibrosis development in the hepatic tissues and consequently can control fibrosis. Moreover, zinc exhibited an effective role in the protection of the liver against fibrosis decreasing the transforming growth factor beta that induced fibroblast activation and epithelial differentiation (features of tissue fibrosis).

In conclusion, the Ag- and ZnO- NPs were selected to be incorporated into P. extract due to their impressive properties. It was noticed that the ZnO-P. nano-extract exists with higher concentrations of total polyphenolic compounds and condensed tannins and hence with higher TAC, iron reducing power, and scavenging activity with respect to the Ag-P. nano-extract and native extract itself. Both of Ag- and ZnO-P. nano-extract have the same inhibitory effect on α -amylase. As regards AChE activity, the ZnO-P. nano-extract exhibited a higher inhibitory effect than Ag-P. nano-extract. On contrary, the Ag-P. nano-extract showed the highest cytotoxic activity (IC₅₀ 310.70 μ g/mL) against CACO-2 cells while the ZnO-P. nano-extract exhibited the highest cytotoxic activity (IC₅₀ 242.20 μ g/mL) against HEPG-2 cells as compared to the native extract. Therefore, ZnO-P. nano-extract was evaluated against the cell cycle and apoptosis of HEPG-2 cells and compared to the native extract. It was found that ZnO-P. nano-extract was safer and exhibited an ameliorative effect against the hepatic fibrosis induced by TAA in addition to its ability to restore the histopathological architecture of the liver tissue more than Ag-P. nano-extract and the native extract itself.

Recommendation

Although the incorporation of Ag-NPs into the different plant extracts enhanced their biological activities and exhibited an ameliorative effect against various chronic diseases, the recent studies demonstrated that it exerts an adverse effect on brain tissues that being considered as the most organ susceptible to the NPs deposition. Therefore, the researchers must undergo further studies for revealing the effect of ZnO-plant nano-extract on that tissue.

Author Contribution Statement

W.M.A. proposed the scientific idea and collected all papers published previously and related to that idea. W.M.A. and N.I.O. were responsible for preparing the plant extract. W.M.A., N.I.O. and E.A.H. performed the experimental work and provided reagents/materials necessary for experiments. A.M.Y. was concerned with preparing silver plant nano-extracts. W.M.A. and E.A.H.

were responsible for undergoing the *in vitro* study. W.M.A., N.I.O. and K.A.A. were responsible for carrying out the practical work on experimental animals. K.A.A. was concerned with carrying out the histopathological examination. All authors read and approved the final manuscript.

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Ethical statement

The experimental design and animals handling were carried out based on a protocol approved by the Institutional Animal Ethical Committee of National Research Centre, Dokki, Giza, Egypt, and according to guidelines reported in "Guide for the care and use of laboratory animals".

Conflict of interest

The authors certify that there were no declared financial or non-financial conflicts of interest among them.

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