# RESEARCH ARTICLE

# Trastuzumab-based Retreatment after Lapatinib in Heavily Pretreated HER2 Positive Metastatic Breast Cancer: an Anatolian Society of Medical Oncology Study

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## **Abstract**

Background: For HER2 positive metastatic breast cancer (MBC), continuing anti-HER2 therapy beyond progression is associated with improved outcome. However retreatment with trastuzumab after lapatinib progression is controversial. We retrospectively analyzed the efficacy of trastuzumab-based chemotherapy in HER2+ metastatic breast cancer patients whose disease progressed after lapatinib. Materials and Methods: Between October 2010 and May 2013, 54 patients whose disease progressed after lapatinib were retreated with trastuzumab-based chemotherapy. Efficacy and toxicity results were evaluated retrospectively. Results: The median age of patients was 46 (range 27-67). Fourteen patients (26%) had metastases at the time of diagnosis. All of the patients had received trastuzumab in an adjuvant or metastatic setting, while 16 (30%) had received two lines of trastuzumab. All patients had received lapatinib plus capecitabine. The median chemotherapy line for the metastatic setting was 2 (range 1-7). Cranial metastases were identified in 27 (50%) patients. 53 patients received trastuzumab-based chemotherapy following lapatinib progression while one patient received trastuzumab monotherapy. Combination chemotherapy consisted of navelbin (n=33), taxane (n=10), gemcitabine (n=2), platinum (n=2) and platinum with taxane (n=6). The median treatment cycle was 5 (range 1-44). Among 49 patients assessed for response 2 (4%) showed CR, 12 (25%) PR, 11 (22%) SD and 24 (49%) disease progression. Asymptomatic cardiotoxicity was reported in 2(4%) of the patients. At a median follow-up of 9 months (1-39), median progression-free survival was 5 months (95% CI 4.1-5.9) and median overall survival was 10 months (95% CI 6.9-13.0). PFS and OS were not affected by the absence/presence of cranial metastases. Conclusions: Retreatment with trastuzumab-based therapy after lapatinib progression showed efficacy in heavily treated MBC patients.

Keywords: Breast cancer - metastatic - HER2 positive - trastuzumab - lapatinib - retreatment

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# Introduction

Breast carcinoma is not only the most common cancer but also the leading cause of cancer-related death in women in most countries all over the world (Siegel et al., 2013). Metastatic breast cancer (MBC) is an incurable disease. However, in the last decade new targeted agents and new combination therapies have been shown to lengthen patient survival and improve quality of life in MBC (Cabuk et al., 2014). HER2 overexpression occurs in 25%-30% of cases of MBC and is an adverse prognostic indicator associated with aggressive clinical course and consequently with a poor prognosis and shortened survival (Revillion et al., 1998; Chariyalertsak et al., 2011; Ghaffari

et al., 2011; Singhai et al., 2011).

Randomized trials have shown that a combination of chemotherapy with trastuzumab increases response rates and prolongs survival in patients with HER2 positive MBC (Slamon et al., 2001; Marty et al., 2005). However most of the patients demonstrate disease progression after 1 year trastuzumab use (Sendur et al., 2012).

The benefit of continued use of anti-HER2 therapies beyond progression in HER2 positive MBC is associated with improved outcome but its optimal duration of administration is unknown. In two prospective randomized phase III studies, trastuzumab in combination with capecitabine or with lapatinib was more effective than single agent capecitabine or single agent lapatinib,

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respectively (von Minckwitz et al., 2009; Blackwell et al., 2010). In another trial, lapatinib in combination with capecitabine was superior to capecitabine in patients progressing following trastuzumab (Geyer et al., 2006). There is few knowledge about lapatinib resistance but differentially expressed genes may be responsable for the resistance (Zhuo et al., 2014).

Scaltriti et al. (2009) reported that lapatinib may resensitize HER2 positive cells to subsequent trastuzumab in a preclinical study. Little clinical data is available about the efficacy of retreatment with trastuzumab after lapatinib.

This multicenter retrospective study reports the clinical outcome of HER2 positive MBC patients who were re-challenged with trastuzumab-based therapy after progression following lapatinib and capecitabine.

#### **Materials and Methods**

Fifty-four HER2 positive MBC patients retreated with trastuzumab-based therapy after lapatinib progression between October 2010 and May 2013 were evaluated retrospectively. Patients data were recruited from eight centers of the Anatolian Society of Oncology Centers in Turkey.

The median age was 46 years and the range was 27-67 years. Fifty three patients were female and one patient was male. Twenty six (48%) patients were ER or PR positive. HER2 positivity was determined as immunohistochemical staining of 3+ in 48 (89%) patients or 2+ with FISH amplified in 6 (11%) patients.

Forty eight (89%) of the patients had received anthracycline and 50 (93%) of the patients had received taxane therapy previously. Fourteen (26%) patients had metastases at the time of diagnosis.

All of the patients had received prior trastuzumab in an adjuvant or metastatic setting. Forty-seven (87%) patients had received trastuzumab in a metastatic setting, while 16 (30%) patients had received two lines of trastuzumab based chemotherapy. All of the patients had received lapatinib and capecitabine. Median chemotherapy lines for the metastatic setting were 2 and ranged from 1-7 lines, and 26 patients (48%) had received at least 3 lines of chemotherapy.

Thirty nine (72%) patients had at least 2 organ metastases and 27 (50%) had cranial metastases. The characteristics of patients at the time of rechallenge with trastuzmab are summarized in Table 1.

### Statistical analysis

Tumor response was analysed according to Response Evaluation Criteria in Solid Tumors guideline version 1.0 (Therasse et al., 2000). Overall response rate (ORR) was defined as the proportion of patients achieving complete or partial response among those with measurable disease. Toxicity was assessed according to the National Cancer Institute Common Toxicity Criteria version 2.0 (Trotti et al., 2000).

Progression free survival (PFS) was defined as the interval from the first day in which rechallenge with trastuzumab-based therapy started until tumor progression or last control, and overall survival (OS) was defined as

the interval from the first day of this therapy to death or last control.

SPSS 13.0 for Windows package program was used for statistical analysis. Survival rates were calculated according to the Kaplan-Meier Method. Local ethical committee approval was obtained.

#### Results

All patients were pretreated with trastuzumab-based therapy and lapatinib and capecitabine. Trastuzumab retreatment was used as monotherapy in one patient, and in combination in 53 patients. In Table 2, the details of retreatment with trastuzumab-based therapy after lapatinib progression are summarized. Vinorelbine was the agent most frequently combined with trastuzumab (n=33), while a combination of trastuzumab and taxanes was the most commonly used regimen. Six patients received platinum and taxane as triplet combination therapy.

Median treatment cycle was 5 (range 1-44). Forty-nine

Table 1. Tumor and Patient Characteristics (n=54)

Characteristics	n	(%)
Median age, years (range)	46	(17-67)
Sex		
Male	1	2
Female	53	98
ECOG performance status		
0	8	15
1	28	52
2	14	26
3	4	7
Hormone receptor status		
ER or PR positive	26	48
ER and PR negative	28	52
Tumor Grade		
G1	2	4
G2	16	30
G3	24	44
Unknown	12	22
Stage at diagnosis		
I	2	4
II	9	16
III	29	54
IV	14	26
No. of metastatic sites		
1	15	28
2	19	35
>3	20	37
Cranial metastases	27	50
Previous chemotherapy	2,	50
Anthracycline	48	89
Taxane	50	93
Trastuzumab	54	100
Lapatinib and capecitabine	54	100
Previous trastuzumab	51	100
Adjuvant line	14	26
Metastatic line	47	87
Treatment of metastatic disease before trastu	• •	
Median number of prior chemotherapy	2	(1-7)
lines (range)	2	(1-7)
>2 line of treatment	26	48
>1 line trastuzumab	16	30
*FCOG Fastern Cooperative Oncology Group	10	50

\*ECOG, Eastern Cooperative Oncology Group

patients could be assessed for response. Trastuzumab-based retreatment was associated with 2 (4%) CR, 12 (25%) PR and 11 (22%) SD (Table 3). Objective response rate was 29%.

At a median follow-up of 9 months (range 1-39), 45 patients had disease progression, and 34 patients had died. Median progression-free survival was 5 months (95% CI 4.1-5.9) and median overall survival was 10 months (95% CI 6.9-13.0) (Figure 1). Progression free survival and OS were not affected by the absence/presence of cranial metastases (p=0.6 and p=0.3 respectively).

Estrogen receptor status (p=0.34), progesteron receptor status (p=0.22), cranial metastasis (p=0.39), previous trastuzumab lines (1 vs 2 lines, p=0.38) and/ or previous number of treatment lines (<2 lines  $vs \ge 3$  lines, p=0.82) had no statistically significant effect on OS in univariate analysis. Multivariate analysis could not be performed since none of these parameters had any significant effect on OS.

No unexpected toxicity was observed during retreatment with trastuzumab and most of the adverse events were mild. There was no treatment related death. Dose reduction was made in 12 (25%) patients and cycle delay in 7 (13%) patients.

Cardiotoxicity was reported in 2 (4%) patients. These patients discontinued trastuzumab in combination due to grade 2 asymptomatic decrease in left ventricular ejection fraction (LVEF) below normal limits.

Severe adverse events were reported in 5 (9%) patients. Two patients developed febril neutropenia. Two patients developed G3 neutropenia, and one patient developed G3 neutropenia and G3 anemia.

Table 2. Trastuzumab Combination Regimen after Lapatinib Progression (n=54)

	n	(%)
Chemotherapy combined with trastuzumab		
Taxane	10	18
Gemcitabine	2	4
Vinorelbine	33	61
Platinum compound	2	4
Platinum compound with taxane	6	11
Trastuzumab monotherapy	1	2

**Table 3. Tumor Response and Clinical Outcome of Patients** 

	n	(%)
Patients assessable for response	49	91
Objective response		
ORR	14	29
CR	2	4
PR	12	25
SD	11	22
PD	24	49
Median follow up, months (range)	9	(1-39)
Median progression-free survival,	5	(4.1-5.9)
months (95% CI)		
Median overall survival, months (95% CI)	10	(6.9-13.0)

<sup>\*</sup>CR, complete response; PR, partial response; SD, stable disease; PD, progressive disease; ORR, overall response rate

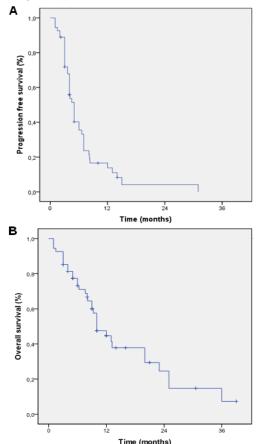


Figure 1. Kaplan-Meier curve of of PFS (A) and OS (B)

Discussion

This retrospective analysis evaluated the clinical outcome of 54 HER2 positive heavily treated MBC patients from 8 medical oncology departments in Turkey retreated with trastuzumab-based chemotherapy after lapatinib progression. In 49 patients who could be assessed for response, 29% ORR was observed. Median PFS was 5 months and median OS was 10 months. Treatment was well tolerated and most of the adverse events were mild. No unexpected toxicity was observed during retreatment with trastuzumab. Grade 2 cardiotoxicity was reported in 2 (4%) patients and severe adverse events were reported in 5 (9%) patients, which in all cases were haematologic toxicities.

Prospective studies (Stemmler et al., 2005; Cancello et al., 2008; Extra et al., 2010) have shown that continuation of anti-HER2 therapies in patients progressing after trastuzumab-based treatment was associated with improved response rates and improved survival in HER2-positive MBC patients. Also in prospective randomized phase III studies (von Minckwitz et al., 2009; Blackwell et al., 2010), trastuzumab combination with capecitabine or lapatinib resulted in improved progression free survival compared to single agent capecitabine or lapatinib.

Lapatinib and capecitabine (Geyer et al., 2006) is another option for patients progressing after trastuzumab. But after this treatment there are controversies concerning the efficacy of trastuzumab retreatment. A post-hoc analysis of EGF100151 study (Crown et al., 2009), suggests that subsequent anti-HER2 therapy is a valid

option following lapatinib + capecitabine. Although the analysis was retrospective in this study, and conducted on subgroups defined by posttreatment variables, the OS difference observed between patients receiving subsequent anti-HER2 therapy *vs* those who did not may suggest that continued HER2 suppression is clinically relevant.

To date there are two retrospective series concerning about retreatment with trastuzumab after lapatinib progression. Spazzapan et al. (2010), reported 21 HER2 positive MBC patients retreated with trastuzumab with a 48% ORR, a median PFS of 6 months and median OS of 21.4 months. Recently, Gori et al. (2012), reported 69 patients who had received HER2 targeting agents for a median of two years. In this study, patients retreated with trastuzumab based chemotherapy after lapatinib progression showed a 31% ORR, with a median PFS of 5 months and median OS of 16 months.

In our series, the efficacy results of retreatment with trastuzumab after lapatinib progression confirmed these trials. Continuation of trastuzumab after lapatinib and capecitabine therapy is associated with a 29% ORR and median 5 months of PFS in heavily pretreated HER2 positive MBC patients. Our study group had worse prognostic parameters than the previous studies. ECOG performance status was ≥2 in 33% of patients, 44% had grade 3 tumor and 50% had cranial metastases. Perhaps because of these worse prognostic parameters the median OS was shorter than the reported trials.

HER2 positive MBC patients are more likely to develop cranial metastases (Pestalozzi et al., 2006). However, patients with HER2 positive disease with cranial metastases treated with trastuzumab based chemotherapy have a better survival outcome than patients with HER2 negative disease and cranial metastases (Kirsch et al., 2005; Sawrie et al., 2007).

It is suggested that patients with cranial metastases should receive trastuzumab with chemotherapy for the cranial metastases (Bartsch et al., 2007). In our series PFS and OS were not affected by the absence/presence of cranial metastases.

The number of HER2 targeted therapies continues to grow and pertuzumab and the antibody-conjugate trastuzumab-DM1 are now available for treating HER2 positive metastatic breast cancer. Pertuzumab was evaluated in combination with trastuzumab (Swain et al., 2013) and an objective response rate of 80.2% was reported. In the EMILIA study (Verma et al., 2012), in patients treated with T-DM1 progressing after trastuzumab, an ORR of 43.6% and median PFS of 9.6 months were observed. In a post hoc exploratory analysis (Burris et al., 2011), T-DM1 was administered in a subgroup of patients pretreated with trastuzumab and lapatinib and an ORR of 24% was reported, similar to our results (29%).

In conclusion, retreatment with trastuzumab-based therapy after lapatinib progression showed efficacy in heavily treated HER2 positive MBC patients. Continuing HER2 blockade provides clinical benefit for patients who have received several anti-HER2 treatments.

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