

Supplementary Table: ASCO 2017 recommendations for antiemetic prophylaxis of chemotherapy regimens.

Recommended antiemetic prophylaxis for intravenously administered chemotherapy in adults

Risk category	Agent	Dosing on day of chemotherapy	Dosing on subsequent days	
High emetic risk* (>90 percent) <i>Option 1</i>	NK₁R antagonist (one of following)			
	■ Aprepitant	125 mg oral	80 mg oral daily; days 2 and 3	
	■ Fosaprepitant	150 mg IV		
	■ Rolapitant	180 mg oral		
	PLUS			
	5-HT₃ antagonist (one of following)			
	■ Granisetron	2 mg oral; 1 mg or 0.01 mg/kg IV; 10 mg SQ		
	■ Ondansetron	8 mg oral twice daily; 8 mg or 0.15 mg/kg IV		
	■ Palonosetron	0.5 mg oral; 0.25 mg IV		
	■ Dolasetron	100 mg oral ONLY		
■ Tropisetron	5 mg oral; 5 mg IV			
■ Ramosetron	0.3 mg IV			
PLUS				
Glucocorticoid[‡]				
■ Dexamethasone	12 mg oral or IV (20 mg orally if using rolapitant)		8 mg oral or IV daily; days 2 to 4 ^Δ	
PLUS				
■ Olanzapine	5 to 10 mg [⊖]		5 to 10 mg daily; days 2 to 4 [⊖]	
High emetic risk* (>90 percent) <i>Option 2</i>	NEPA (netupitant plus palonosetron)			
	Once			
	PLUS			
	Glucocorticoid[‡]			
■ Dexamethasone	12 mg oral or IV		8 mg oral daily on days 2 to 4 (cisplatin only [§])	
PLUS				
■ Olanzapine	5 to 10 mg [⊖]		5 to 10 mg daily; days 2 to 4 [⊖]	
Moderate emetic risk[¶] (31 to 90 percent)	5-HT₃ antagonist			
	■ Palonosetron [†]	0.5 mg oral; 0.25 mg IV		
	PLUS			
Glucocorticoid				
■ Dexamethasone	8 mg oral or IV		8 mg oral or IV daily; days 2 and 3 ^Δ	
Low emetic risk (10 to 30 percent)	Glucocorticoid			
	■ Dexamethasone	4 to 8 mg oral or IV		
Minimal emetic risk (<10 percent)	None	None	None	

NK₁R: neurokinin 1 receptor; IV: intravenous; 5-HT₃: 5-hydroxytryptamine-3; SQ: subcutaneous.

* Includes combination of an anthracycline and cyclophosphamide.

‡ The dexamethasone dose is for patients who are receiving the recommended regimen that contains an NK₁R antagonist for highly emetic chemotherapy. If patients do not receive an NK₁R antagonist, the dexamethasone dose should be adjusted to 20 mg on day 1 and 16 mg daily on days 2 to 4.

Δ For patients receiving anthracycline/cyclophosphamide for breast cancer or a carboplatin-containing regimen, delete day 2 to 3 of dexamethasone.

⊖ 5 mg dose of olanzapine preferred for most patients because of less sedation.

§ When NEPA is used on day 1, multiday administration of glucocorticoids is only used in the delayed phase period with cisplatin. For anthracycline/cyclophosphamide combinations, administer glucocorticoids on day 1 only. If a first-generation 5-HT₃ antagonist is used on day 1 rather than palonosetron, treatment with a first-generation 5-HT₃ antagonist alone on days 2 and 3 is an acceptable alternative.

¶ Clinicians who choose to use an NK₁R antagonist for a moderate risk regimen should follow recommendations for high emetic risk chemotherapy regimens. Importantly, corticosteroid is only given on day 1; the dexamethasone dose is lower (12 mg).

‡ Also appropriate for anthracycline/cyclophosphamide-containing chemotherapy in diseases other than breast cancer.

† If palonosetron is not available, substitute a first-generation 5-HT₃ antagonist, preferably granisetron or ondansetron.