Knowledge, attitudes and practices related to smokeless tobacco cessation programmes among Dental Surgeons

| | 1. | Knowledge related | l to smokeless t | tobacco, its | s effects and | cessation | practices |
|--|----|-------------------|------------------|--------------|---------------|-----------|-----------|
|--|----|-------------------|------------------|--------------|---------------|-----------|-----------|

*Smokeless tobacco (SLT) refers to betel quid as well as other products such as pan-masala, mawa, babul etc;

| | True | False | Don't |
|--|------|-------|-------|
| | | | know |
| 1.1 SLT use is increasing in popularity among youth and adolescents in | | | |
| Sri Lanka | | | |
| 1.2 Areca nut is an addictive substance | | | |
| 1.3 Red tooth powder is a SLT popular among children | | | |
| 1.4 Manufacturing and selling of SLT products is banned in Sri Lanka | | | |
| 1.5 Areca nut is a group I carcinogen in humans | | | |
| 1.6 Four persons die each day in Sri Lanka due to SLT use | | | |
| 1.7 Withdrawal symptoms may prevent SLT users from quitting the | | | |
| habit | | | |
| 1.8 SLT users can be given existing drugs prescribed to combat cigarette | | | |
| craving | | | |
| 1.9 Five "R" concept can be used in counseling a client who is unwilling | | | |
| to quit SLT use | | | |
| 1.10 SLT use in pregnancy may result in low birth weight babies and | | | |
| still births | | | |

2. Attitudes regarding smokeless tobacco cessation counseling (TCC) and ways to reduce SLT use

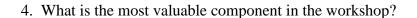
| Attitude | Agree | Disagree |
|---|-------|----------|
| I now have confidence to attempt TCC | | |
| TCC should be the part of regular treatment modalities | | |
| Support strict legislation on tobacco use | | |
| Proper counseling will lead to patient quitting the habit | | |

3. Regarding the training programme on Tobacco and areca nut cessation

INSTRUCTIONS

Please circle your response to the items. Rate aspects of the workshop on a 1 to 5 scale: 1=Strongly disagree 2=Disagree 3=Neither agree nor disagree 4=Agree 5=Strongly agree

| | 1 | 2 | 3 | 4 | 5 |
|--|---|---|---|---|---|
| 3.1 The workshop objectives were clear to me | | | | | |
| 3.2 The content is relevant to my job | | | | | |
| 3.3 I was able to gain new knowledge | | | | | |



5. What is the least valuable component in the workshop?

6. List suggestions to improve the workshop

7. Any other comments