

Training programme on “Tobacco and Areca Nut Cessation” for the Dental Surgeons

Programme Objectives:

1. To educate and train the dental surgeons on tobacco and areca nut cessation and thereby to promote tobacco cessation.
2. Build the capacity of the dental surgeons to promote tobacco cessation activities at the dental clinic and thereby contribute to oral cancer prevention

Time	Areas to be covered
08.30am	Registration
09.00am	Welcome address
9.10 am	Address by the Provisional Director or Representative
9.20am	Existing knowledge on tobacco cessation- data collection with the questionnaire
9.30am	Oral cancer and OPMD burden in North Central Province
9.50am	Introduction to the workshop and Health effects of tobacco and areca nut with a special reference to smokeless tobacco
10.30am	TEA
11.00am	Determinants of Smokeless Tobacco and areca nut use, prevention strategies and interventions in the community
11.30am	Tobacco and areca nut cessation in dental clinic and role of specialized Tobacco cessation clinic
12.30pm	Practical session
01.15pm	Knowledge acquired from the workshop on tobacco cessation- data collection with the questionnaire
01.30pm	LUNCH