

Appendix A (Mixed Methods Appraisal Tool)

Qualitative	1.1	1.2	1.3	1.4	1.5
	Is the qualitative approach appropriate to answer the research question?	Are the qualitative data collection methods adequate to address the research questions?	Are the findings adequately derived from the data?	Are the interpretation of results sufficiently substantiated by data?	Is there coherence between qualitative data sources, collection, analysis and interpretation?
Vahabi et al., 2016	Yes.	Yes.	Yes.	Yes.	Yes.
Quantitative Non- Comparative Studies	4.1	4.2	4.3	4.4	4.5
	Is the sampling strategy relevant to address the research question?	Is the sample representative of the target population?	Are the measurements appropriate?	Is the risk of nonresponse bias low?	Is the statistical analysis appropriate to answer the research question?
Afzal et al., 2020	Yes.	Yes.	Yes.	Yes.	Yes.
Gottschlich et al., 2019	Yes.	Yes.	Yes.	Yes.	Yes.
Lofters et al., 2017	Yes.	Yes.	Yes.	Yes.	Yes.
Fall et al., 2019	Yes.	Yes.	Yes.	Yes.	Yes.
Ma'som et al., 2016	Yes.	Yes.	Yes.	Yes.	Yes.
Abdullah et al., 2018	Yes.	Yes.	Yes.	Yes.	Yes.