

Study Title:

Nutritional-related knowledge of cancer prevention among primary health care physicians.

We are group of researchers from King Saud University (KSU), College of Medicine, under supervision of Prof. Mostafa Arafa, our aim of this survey to evaluate the knowledge of primary health care physician toward diet and nutrition related to cancer, this survey will take only 3-5 minutes to fill it and all the information in this survey will be highly confidential and it will be only used for the purpose of this study.

• **PLEASE, circle your answer:**

1. **Gender:**
 - a) Male
 - b) Female

2. **Nationality:**
 - a) Saudi
 - b) Non Saudi

3. **Position:**
 - a) Consultant
 - b) Registrar
 - c) Resident

4. **Age:**

5. **Years of experiences _____ years**

6. **Place of work:**
 - a) Primary Health Care Clinic in Hospital
 - b) Primary Health Care Center (PHCC)
 - c) Both

***Please Put (√) to one answer:**

• Do you think there is relation between getting cancer and...?

No.	QUESTION	Agree	Don't Agree	Not Sure
7.	Excess body weight			
8.	Physical inactivity			
9.	High fat dense food			
10.	Red meat			
11.	Canned foods			
12.	High sugary drinks / food			
13.	Alcohol intake			
14.	Eat more fish foods			
15.	Green tea			

• Do you think that some certain type of food decreases the risk of cancer as...?

No.	QUESTION	Agree	Don't Agree	Not Sure
16.	Fruits and Vegetables			
17.	Processed meat			
18.	Rich Fibers foods			
19.	A lot of Salty food intake			
20.	Organic foods			
21.	Starchy foods			
22.	Vitamins E and C supplements			
23.	Vitamin B12 supplements			
24.	Contraceptive Pills			

25. Do you advice all your patients about the important of diet and nutrition for cancer?

- a) Yes
- b) No
- c) Some of them
- d) Other ..