

Population 1

Focus group interview guide: for women who have undergone screening mammography.

A Health Behaviour and awareness about breast cancer and its risk factors

- 1 Who will take decisions about your health? Can you explain your answer?
- 2 What do you know about breast cancer?
- 3 Can you tell me what you know about the early detection of breast cancer?
- 4 Do you know what causes breast cancer and whether it can be avoided?
- 5 Do you know anyone from Kerala who has been diagnosed with breast cancer in the UAE or Kerala after being NRK?

B Awareness about the importance of breast cancer screening & Mammogram

- 1 What do you know about breast cancer screening?
- 2 Is breast cancer screening important? Can you explain your answer?
- 3 What are the ways breast cancers can be detected earlier?
- 4 What do you know about mammograms?
- 5 When do you think a woman should have a mammography? (age)
- 6 Do you think it should be repeated? If so at what age and how often?

C Awareness about breast cancer screening services in UAE and Kerala.

- 1 What do you know about breast cancer screening services in your Emirate?
- 2 What do you know about the breast cancer screening services in Kerala/ in your locality in Kerala?

D Facilitating factors you could avail for undergoing a mammogram

- 1 Where did you undergo a mammogram: UAE/ Kerala? Why and When
- 2 Who/what, made you aware of the need to undergo a mammogram? (any educational material, TV ads)
- 3 What services could you avail (free mammogram/ discount?)
- 4 How did you know about the availability of mammography in your own location
- 5 Do you think the way you got to know about the availability of mammography was reliable? Is this the best way to communicate with Keralite women about the availability of mammography?
- 6 What other ways can you suggest the availability of mammography can be made known to Kerala women

7 What changes do you suggest to improve screening mammography among NRK?

E Barriers after taking the decision to undergo a mammogram

1 Can you tell me whether you have encountered any hindrance when you took the decision to undergo mammography? If so how you solved it.

2 Who/what can facilitate to reduce these barriers?

F Key influencers to promote screening mammogram

1 Who took the decision for you to undergo mammography

2 Who can take decisions or encourage you to undergo screening mammography

G Suggestions to improve the uptake of mammography by our Kerala government and UAE breast cancer screening organisations

1 What do you think about the Kerala government's role to promote breast cancer screening among Non- resident Kerala women?

2 What facilities or strategies do you further expect in terms of breast cancer screening mammography from Kerala government and breast cancer screening organisations in Kerala?

3 What facilities or strategies do you expect in terms of breast cancer screening mammography from UAE breast cancer screening organisations?

4 What will be the best way of communicating the availability of breast cancer screening services and mammography in UAE and Kerala?

5 Do you like to be notified yearly or biennially according to your age? If so, which will be the best way of sending reminders to undergo mammography?

Population 2

Focus group interview guide: women who do not undergo screening mammography.

A Health behaviour and awareness about breast cancer and its risk factors

1 Who will take decisions about your health? Can you explain your answer?

2 What do you know about breast cancer?

3 Do you know what causes breast cancer and whether it can be avoided?

4 Do you know anyone from Kerala who has been diagnosed with breast cancer in the UAE or Kerala after being NRK?

B Awareness about the importance of breast cancer screening & Mammogram

- 1 What do you know about breast cancer screening?
- 2 Is breast cancer screening important? Can you explain your answer?
- 3 What are the ways breast cancers can be detected earlier?
- 4 What do you know about mammograms?
- 5 How is a mammogram performed?
- 6 When do you think women should have mammography? (age)

C Awareness about breast cancer screening services in UAE and Kerala.

- 1 What do you know about breast cancer screening services in your Emirate?
- 2 What do you know about the breast cancer screening services in Kerala or in your locality in Kerala?

D Barriers to undergoing Mammogram

- 1 Can you tell me the reasons why you have not had a mammogram?
- 2 Who and what can facilitate to reduce these barriers?
- 3 Where do you prefer to undergo a mammogram in the UAE or in Kerala? Why?
- 4 What facilities will encourage you to undergo mammogram in the UAE or in Kerala

E Key influencers to promote screening mammogram

- 1 Is there anyone in your life who takes decisions for you about whether you can undergo a mammogram or not
- 2 Who can influence you to undergo screening mammography

F Suggestions to improve the uptake of mammography by our Kerala government and UAE breast cancer screening organisations

- 1 What do you think about the Kerala government's role to promote breast cancer screening among Non- resident Kerala women?
- 2 What facilities or strategies do you expect in terms of breast cancer screening mammography from Kerala government and breast cancer screening organisations in Kerala?
- 3 What facilities or strategies do you expect in terms of breast cancer screening mammography from UAE breast cancer screening organisations?
- 4 What will be the best way of communicating the availability of breast cancer screening services and mammography in UAE and Kerala?
- 5 Do you like to be notified yearly or biennially according to your age? If so, which will be the best way of sending reminders to undergo mammography?